

**IAWA(UK) BRITISH ALL ROUND CHAMPIONSHIPS
LEICESTER - SATURDAY 3rd JUNE 2006**

Lifter	Age	Bwt	Cl	Push Press	Pull & Push	Stein.	Total	
Mandy Hughes 14	66.4	70	40	47.5	55	142.5	Ladies Jun14 /15	
Karen Gardner	47	73.1	75	37.5	57.5	55	150	Ladies Mast 45+
Mel Laban	43	105	105	47.5	60	65	172.5	Ladies Mast 40+
Elliot Laban	13	59.9	60	30	37.5	45	112.5	Juniors 13+ Und
Scott Pagett	16	102.6	105	70	90	90	250	Juniors 16 / 17
Andy Goddard	46	66.5	70	62.5	87.5	100	250	Masters 45+
Steve Andrews 46	69.5	70	77.5	125	120	322.5	Masters 45+	
Gerry Davidson	69	69.6	70	65	87.5	80	232.5	Masters 65+
Karl Davidson	45	72.9	75	85	115	100	300	Masters 45+
Frank Allen	64	83.6	85	65	100	85	250	Masters 60+
James Gardner	22	88.9	90	80	125	100	305	Open 90k
Ian Murphy	34	102.1	105	82.5	107.5	100	290	Open 105 k
Colin Hughes	43	113.7	115	77.5	115	120	312.5	Masters 40+
Steve Gardner	49	146.9	125+	70	125	100	295	Masters 45+

4th Attempts

Push Press - Scott Pagett 75k Pull & Push - Mandy Hughes 50k
Steinborn - Mel Laban 70k Scott Pagett 100k

Refs : Chris Bass Mark Shaw Steve Gardner Karen Gardner
Technical Officer & MC / Recorder : Frank Allen

Overall Best Lifters

Best Female - Mandy Hughes Best Junior- Scott Pagett
Best Open - Steve Andrews Best Master - Steve Andrews

**Winner of the Overall Best Lifter Award - The Health and Strength Trophy
- Steve Andrews**

The spectators at Leicesters Birstall Village Hall were treated to a gutsy display of allround weightlifting, with some very fine performances across the board from novice lifters right through to accomplished International Champions. The Junior Division showed much promise for the future, and Steve Andrews showed that it takes more than an elbow operation to keep a good man down. After the afternoons activities the awards were presented by IAWA President Steve Gardner, who also presented the Health and Strength Trophy he overall champion : Steve Andrews. Steve than Promoter Frank Allen for providing the venue and running the championships.