

IAWA (UK) 2008 Midlands Olympic Weightlifting Championships
Saturday 5th July – Powerhouse Gym, Burton

Name	B/wt	Class	Age	Div	C+Press	Snatch	C+Jerk	Total	Amend
Karen Gardner	69.5	70	49	LM45+	27.5	32.5	37.5	97.5	150.4
Andy Goddard	65.0	65	49	M45+	50	42.5	60	152.5	190.9
Steve Andrews	69.1	70	48	M45+	70	67.5	77.5	215	256.0
Johnny Eccleshall	78.4	80	23	Open	55	52.5	65	172.5	167.8
Tom Allsopp	88.2	90	44	M45+	85	70	90	245	242.4
Sean Glover	89.1	90	25	Open	67.5	100	137.5	305	275.3
John Kavanagh	92.1	95	20	Open	75	70	100	245.0	217.0
Tom Rowbotham	91.4	95	45	M45+	60	55	70	187.5	182.4
Andrew Milner	94.3	95	46	M45+	70	60	75	205	199.0
Graham Saxton	110.0	110	46	M45+	67.5	55	80	202.5	181.1
Dave Abblett	119.4	120	55	M55+	67.5	65	95	227.5	211.1
Mark Haydock	128.8	125+	33	Open	116	100	130	345	257.0

MC: Steve Gardner **Recorders:** Steve Gardner **Referees:** Chris Bass, Frank Allen, Mark Shaw
Loaders: Dave Abblett, Graham Saxton and others.

Overall Best Lifter Award – The De Yoxall Shield

1st	Sean Glover	275.2
2nd	Mark Haydock	257.0
3rd	Steve Andrews	256.0

A few words from the Promoter

It is hard to believe that this was the 23rd annual competition I have run as the Midlands Olympics, but 23 it is as the list of names on the Winners De Yoxall Shield confirms. There were a few less contenders this year than usual for the Olympics, at our club we were hit by injuries, illness and holiday problems, however, the 12 lifters that did make it onto the platform competed exceptionally well and put on a real show.

It was nice to see new faces again, and well done to Andy Milner and Sean Glover on their first IAWA(UK) appearances, and again I hope it will be the first of many. The battle at the top for the best overall placing was tough, but at the end of the day Sean Glover had done enough to separate him from the chasers with a superb display of competent Olympic lifting. Steve Andrews and Mark Haydock battled for a very close second spot, which Mark took from Steve by one point.

The promoter thanked all for coming, and thanks was given also to the Referees and loaders for their great help and assistance. It was nice to see Frank Allen out and about again, still using a stick at the moment but I am sure it wont be too long before he's testing that new hip out!