

**Ranking of Teams – Leg2**

1	SUSSEX STRENGTH & COND	Phillipe Crisp, Ed Shortle, Sam Blunt	956.5
2	GRANBY GRIPPERS	Steve Andrews, Daniel Andrews, Mark Godleman	919.8
3	SUNBURY 1	Jeff Luther, Trevor Evans, Peter Lee	732.2
4	TIVERTON W.L.C.	Mark Rattenby, Gary Ell	693.0
5	COALVILLE OUTCASTS	Mark Shaw, Jason Reed,	537.8
6	HOTSHOTS	Dave Morton, John Kavanagh,	486.1
7	HASTINGS WARRIORS	Sam Hills	325.1

**Ranking of Teams after Leg1 + Leg2.**

1	SUSSEX STRENGTH & COND1	Phillipe Crisp, Ed Shortle, Doug Jenner	1834.0
2	GRANBY GRIPPERS	Steve Andrews, Daniel Andrews, Mark Godleman	1747.2
3	SUNBURY 1	Jeff Luther, Trevor Evans, Peter Lee	1668.5
4	TIVERTON	Mark Rattenby, Gary Ell	1280.9
5	HASTINGS WARRIORS	Sam Hills, Nick Swain, Gordon Fairey	1136.2
6	HOTSHOTS	Dave Morton, John Kavanagh	1065.7
7	COALVILLE OUTCASTS	Mark Shaw, Jason Reed	1030.4
8	BURTON ODDS & SODS	Graham Saxton, Mandy Hughes, Karl Birkinshaw	793.5
9	SUNBURY 2	Adrian Tucker	228.9
10	SUSSEX STRENGTH & COND2	Sam Blunt, Jon Brettany	212.3

**Ranking of Lifters - Leg2**

1	Steve Andrews	399.1	9	Trevor Evans	277.1
2	Phillipe Crisp	397.3	10	John Kavanagh	272.4
3	Gary Ell	347.2	11	Ed Shortle	265.2
4	Mark Rattenby	345.8	12	Jeff Luther	256.2
5	Mark Godleman	332.3	13	Jason Reed	251.1
6	Sam Hills	325.1	14	Dave Morton	213.6
7	Sam Blunt	294.0	15	Peter Lee	199.0
8	Mark Shaw	286.7	16	Daniel Andrews	188.4

**Ranking of Lifters after Legs 1 +2**

1	Steve Andrews	735.5	13	Dave Morton	470.2
2	Phillipe Crisp	722.8	14	Peter Lee	427.8
3	Gary Ell	648.9	15	Adrian Tucker	408.9
4	Sam Hills	644.3	16	Daniel Andrews	374.9
5	Mark Rattenby	632.0	17	Frank Allen	304.5
6	Doug Jenner	605.6	18	Nick Swain	301.1
7	John Kavanagh	595.5	19	Sam Blunt	294.0
8	Trevor Evans	542.3	20	Graham Saxton	288.7
9	Mark Shaw	541.1	21	Jon Brettany	271.4
10	Jeff Luther	518.3	22	Mandy Hughes	264.5
11	Jason Reed	489.3	23	Karl Birkinshaw	240.2
12	Ed Shortle	477.6	24	Gordon Fairey	197.9

## Ranking of Lifters per Lift & Record Breakers.

▲ World Junior/Masters, □ World Open, <sup>BR</sup>British  
□ Single Referee

### Bench Press (FOF)

Lifter	Age	%	Class	Kilos	Points
Philippe Crisp□	40+	6	100	153.5	109.9
Gary Ell	Open	4	85	132.5 <sup>BR</sup>	102.1
Mark Rattenby	45+	13	65	90.0	88.1
Steve Andrews	45+	16	70	90.0	86.4
Mark Godleman	45+	13	105	115.0	85.6
Sam Blunt□	16-17	5	85	103.0	80.3
Trevor Evans	65+	32	85	80.0	77.1
Sam Hills□	45+	14	85	90.0	76.8
Jeff Luther	50+	20	75	80.0	76.5
John Kavanagh	Open	0	95	105.0	72.1
Ed Shorttle□	50+	19	70	67.5	67.1
Mark Shaw□	45+	15	80	75.0	65.7
Jason Reed□	Open	0	80	77.5	59.8
Peter Lee	75+	56	85	50.0	57.7
Dave Morton□	50+	16	75	61.2	56.1
Daniel Andrews	13&U	25	60	31.0	37.7

### Squat

Lifter	Age	%	Class	Kilos	Points
Philippe Crisp□	40+	6	100	225.0	115.7
Steve Andrews	45+	16	70	145.5▲	100.3
Mark Rattenby	45+	13	65	142.5	100.2
Mark Godleman	45+	13	105	180.0▲	96.3
Sam Hills□	45+	14	85	150.0	91.9
Mark Shaw□	45+	15	80	140.0	88.1
Gary Ell	Open	4	85	145.0	80.2
Sam Blunt□	16-17	5	85	138.0	77.3
John Kavanagh	Open	0	95	150.0	74.0
Ed Shorttle□	50+	19	70	97.5	69.6
Dave Morton□	50+	16	75	95.0	62.5
Trevor Evans	65+	32	85	90.0	62.3
Jason Reed□	Open	0	80	110.0	61.0
Daniel Andrews	13&U	25	60	65.0 <sup>BR</sup>	56.7
Peter Lee	75+	56	85	60.0	49.8
Jeff Luther	50+	20	75	60.0	41.2

### 2H Deadlift

Lifter	Age	%	Class	Kilos	Points
Philippe Crisp□	40+	6	100	228.0	87.6
Steve Andrews	45+	16	70	170.0	87.6
Mark Rattenby	45+	13	65	165.0	86.7
Mark Godleman	45+	13	105	210.0	83.9
Sam Hills□	45+	14	85	180.0	82.4
Ed Shorttle□	50+	19	70	150.5	80.3
Sam Blunt□	16-17	5	85	183.0	76.6
Gary Ell	Open	4	85	185.0	76.5
John Kavanagh	Open	0	95	200.0	73.8
Jason Reed□	Open	0	80	162.5	67.3
Mark Shaw□	45+	15	80	140.0	65.9
Peter Lee	75+	56	85	100.0	62.0
Dave Morton□	50+	16	75	120.0	59.0
Daniel Andrews	13&U	25	60	80.0	52.2
Trevor Evans	65+	32	85	100.0	51.7
Jeff Luther	50+	20	75	80.0	41.0

### Crucifix

Lifter	Age	%	Class	Kilos	Points
Steve Andrews	45+	16	70	51.0▲●	124.8
Jeff Luther	50+	20	75	40.0	97.5
Gary Ell	Open	4	85	45.0	88.4
Trevor Evans	65+	32	85	35.0	86.0
Philippe Crisp□	40+	6	100	46.0	84.0
Sam Hills□	45+	14	85	34.0	74.0
Mark Rattenby□	45+	13	65	28.4	70.9
Mark Shaw□	45+	15	80	30.0	67.0
Mark Godleman	45+	13	105	35.0▲	66.4
Jason Reed□	Open	0	80	32.0	63.0
Sam Blunt□	16-17	5	85	30.0	59.7
John Kavanagh□	Open	0	95	29.9♠	52.5
Ed Shorttle□	50+	19	70	19.0	48.2
Daniel Andrews	13&U	25	60	13.5▲	41.8
Dave Morton□	50+	16	75	15.4	36.0
Peter Lee	75+	56	85	10.0	29.4

Here's the Leg 2 results 2010. It is disappointing that a few lifters have failed to compete in this leg, let's hope they're back for leg 3.

Unfortunately had to remove Rick Meldon's results from leg 1 as he has not re-joined IAWA. Well done to Steve Andrews, Philippe Crisp & Gary Ell for being the top 3 lifters in this leg. Philippe was also first in the 3 power lifts. Also Steve Andrews, Philippe Crisp & Gary Ell are top 3 after both legs. With the loss of Rick, Sunbury1 have dropped to 3<sup>rd</sup> place with Sussex Strength & Conditioning and Granby taking 1<sup>st</sup> and 2<sup>nd</sup> places respectively.

Finally well done to everyone for a good effort.

Chris