

Lifter	Weight Class	Age Group	O.Hand Snatch	O.Hand C & Jerk	O.Hand Deadlift	Total	Points No. Age % 1 st Three	Points & Inc Age %	Title Achieved
LADIES									LADIES
Mandy Hughes	70kg	14-15	22.5okgR	32.5okgL	85.00kgL	140.0okg		154.66	Jnr & Open
Karen Gardner	75kg	45+	23.75kgL	27.5okgR	90.0okgR 4 th =100kg	141.25kg		227.78	Ladies Mst & Open
MEN									
Tom Rowbotham	95kg	40+	35.0okgL	37.5okgR	90.0okgR	162.5okg		144.86	Mst & Open
Scott Paggett	105kg	16-17	42.5okgL	45.0okgR	100.0okR	187.5okg		161.56	Jnr & Open
Frank Allen	85kg	60+	40.0okgL	37.5okgR	120.0okR	197.5okg		212.37	Mst & R/up Open
Colin Hughes	120kg	40+	42.5okgL	50.0okgR	100.0okL	192.5okg		158.35	Mst & Open
Steve Andrews	70kg	45+	52.5okgR	55.0okgL	160.5okL	267.5okg	253.88	267.63	Mst & Open
Tom Allsop	85kg	40+	47.5okgL	57.5okgR	150.okgR	255.0okg	215.43	232.66	Mst & Open
James Gardner	90kg	Open	53.75kgL	65.0okgR	190.0okR	308.75kg	254.70	254.70	Open
Ian Murphy	100kg	Open	45.0okgL	50.0okgR	175.0okR	270.0okg		196.26	Open
Thilo Thauer	110kg	45+	50.0okgR	52.5okgL	130.0okR	232.5okg		165.51	Guest Lifter
Steve Gardner	125+kg	45+	40.0okgL	50.0okgR	120.0okgR	210.0okg		150.38	Mst & Open

L
=
Left
hand
R=
Right
hand

Mst = Masters

James Gardner – Best Open Lifter
Mandy Hughes – Best Lady Lifter
Karen Gardner – Best Lady Masters
Steve Andrews – Best Masters & Best Overall with Age %
Scott Paggett – Best Junior

Mark Shaw 80 kg 45+ did a record Middle Fingers Hacklift of 90.0okg