| | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg | 125+kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | | | | | | | | | | | | | | | | | | | |
| 14-15 | | | | | | | | | | | | | | | | | | J.Hall<br>16/Aug/03<br>30.0<br>USA | |
| 16-17 | | | | | | | J.Taylor<br>11/Sep/05<br>25.0<br>Australia | | | | | | | | | | | | |
| 18-19 | | | | | | | | | | | | | | | | | | | |
| OPEN | | | | | | | 25.0 | | N.Swain<br>30/Dec/09<br>41.0<br>Britain | | | T.Thauer<br>1/Sep/01<br>55.0<br>Germany | E.Schock<br>16/Aug/03<br>60.0<br>USA | | I.Murphy<br>2/Nov/02<br>45.0<br>Britain | | | 30.0 | |
| 40+ | | | | | | | | | N.Swain<br>30/Dec/09<br>41.0<br>Britain | | | T.Thauer<br>1/Sep/01<br>55.0<br>Germany | | | | | | | |
| 45+ | | | | | | | | | | | | | | | | | | | |
| 50+ | | | | | | | | | | | | | E.Schock<br>16/Aug/03<br>60.0<br>USA | | | | | | |
| 55+ | | | | | | | | | | | | | | | | | | | |
| 60+ | | | | | | | | | | | | | | | | | | | |
| 65+ | | | | | | | | | | | | | | | | | | | |
| 70+ | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | |

| | 35kg | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | | | | | | | | | | | | | | | | | | | |
| 14-15 | | | | | | | | | | | | | | | | | | | |
| 16-17 | | | | | | | | | | | | | | | | | | | |
| 18-19 | | | | | | | | | | | | | | | | | | | |
| OPEN | | | | | | | | R.Hall<br>16/Aug/03<br>27.5<br>USA | | A.Ollemuking<br>19/Nov/05<br>31.8<br>USA | | | | | | | | | |
| 40+ | | | | | | | | R.Hall<br>16/Aug/03<br>27.5<br>USA | | A.Ollemuking<br>19/Nov/05<br>31.8<br>USA | | | | | | | | | |
| 45+ | | | | | | | | | | | | | | | | | | | |
| 50+ | | | | | | | | | | | | | | | | | | | |
| 55+ | | | | | | | | | | | | | | | | | | | |
| 60+ | | | | | | | | | | | | | | | | | | | |
| 65+ | | | | | | | | | | | | | | | | | | | |
| 70+ | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | |

| | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg | 125+kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | | | | | | | S.McKean<br>15/Oct/95<br>25.0<br>USA | | | | | | | | | | | | |
| 14-15 | | | | | | | | | | | | | | | | | | | |
| 16-17 | | | | | | | | | | | | | | | | | | | |
| 18-19 | | | | | | | | | | | | | | | | | | | |
| OPEN | | | | | | M.Baldassarre<br>26/Aug/89<br>158.8<br>USA | 25.0 | | | | JmsGardner<br>2/Sep/06<br>110.0<br>Britain | 56.7 | T.Thauer<br>2/Nov/02<br>190.0<br>Germany | | M.McBride<br>14/Dec/02<br>93.0<br>USA | | | | |
| 40+ | | | | | | | | | | | | | T.Thauer<br>2/Nov/02<br>190.0<br>Germany | | | | | | |
| 45+ | | | | | | | | | | | | | | | | | | | |
| 50+ | | | | | | | | | | | | | | | | | | | |
| 55+ | | | | | | | | | | | | D.Vandermark<br>12/Oct/08<br>56.7<br>USA | | | | | | | |
| 60+ | | | | | | | | | | | | | | | | | | | |
| 65+ | | | | | | | | | | | | | | | | | | | |
| 70+ | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | |

| | 35kg | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | | | E.Monk<br>8/Nov/08<br>52.5<br>USA | | | | | | | | | | | | | | | | |
| 14-15 | | | | | | | | | | | | | | | | | | | |
| 16-17 | | | | | | | | | | | | | | | | | | | |
| 18-19 | | | | | | | | | | | | | | | | | | | |
| OPEN | | | 52.5 | | | | | | | | | | | | | | | | |
| 40+ | | | | | | | | | | | | | | | | | | | |
| 45+ | | | | | | | | | | | | | | | | | | | |
| 50+ | | | | | | | | | | | | | | | | | | | |
| 55+ | | | | | | | | | | | | | | | | | | | |
| 60+ | | | | | | | | | | | | | | | | | | | |
| 65+ | | | | | | | | | | | | | | | | | | | |
| 70+ | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | |

| | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg | 125+kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | | Jos.Monk<br>15/Oct/00<br>27.2<br>USA | | Jms Gardner<br>27/Feb/99<br>40.0<br>Britain | | | | | | | | | | | | | | | |
| 14-15 | | | | C.Wood<br>27/Feb/99<br>55.0<br>Britain | Jms Gardner<br>27/Feb/99<br>40.0<br>Britain | | Jos.Monk<br>8/Jun/03<br>65.8<br>USA | C.DeMille<br>8/Jun/03<br>68.0<br>USA | | | | | | | | | T.Stone<br>17/Jul/04<br>75.0<br>Britain | | |
| 16-17 | | | | | M.Fordham<br>6/May/00<br>45.0<br>Britain | M.Jackson<br>31/Oct/01<br>63.5<br>Britain | D.Kim<br>15/Apr/06<br>65.0<br>USA | P.Shaddock<br>6/May/00<br>70.0<br>Britain | P.Shaddock<br>16/Dec/00<br>85.0<br>Britain | Jon Gardner<br>6/May/00<br>67.5<br>Britain | A.Horvath<br>8/Jun/03<br>102.1<br>USA | A.Barnes<br>16/Dec/00<br>60.0<br>Britain | | | I.Reel<br>15/Jan/05<br>102.1<br>USA | | | | K.Kincaid<br>8/Jun/03<br>127.0<br>USA |
| 18-19 | | | | | J.Achenbach<br>22/Oct/06<br>83.9<br>USA | | K.Achenbach<br>22/Oct/06<br>93.0<br>USA | | J.Muzzy<br>22/Oct/06<br>102.1<br>USA | Jon Gardner<br>16/Dec/00<br>85.0<br>Britain | | S.Laban<br>4/Nov/02<br>70.0<br>Britain | J.Hunter<br>8/Jun/03<br>72.6<br>USA | | | | | | |
| OPEN | | 27.2 | | 55.0 | J.Achenbach<br>22/Oct/06<br>83.9<br>USA | A.Goddard<br>20/Sep/98<br>85.0<br>Britain | B.Todd<br>14/Oct/01<br>108.8<br>USA | A.Smith<br>28/Nov/04<br>124.7<br>USA | B.Aldan<br>24/Nov/02<br>124.8<br>USA | R.Meldon<br>31/Oct/01<br>130.0<br>Britain | N.Swain<br>21/Feb/06<br>110.0<br>Britain | G.Poole<br>31/Oct/01<br>122.5<br>Britain | S.Angell<br>6/May/00<br>140.0<br>Britain | L.Silvestri<br>9/Mar/02<br>158.8<br>USA | B.Cookson<br>15/Jan/05<br>154.2<br>USA | E.Todd<br>15/Jan/05<br>181.4<br>USA | C.Ullom<br>15/Jan/05<br>142.9<br>USA | A.Myers<br>8/Jun/03<br>172.4<br>USA | B.Maxey<br>15/Jan/05<br>167.8<br>USA |
| 40+ | | | | | | | A.Goddard<br>16/Dec/00<br>95.0<br>Britain | J.Monk<br>22/Oct/06<br>108.9<br>USA | S.Hills<br>31/Oct/01<br>102.5<br>Britain | N.Swain<br>30/Jun/09<br>105.0<br>Britain | N.Swain<br>21/Feb/06<br>110.0<br>Britain | | A.Tomlin<br>21/Mar/09<br>80.0<br>Britain | G.Saxton<br>6/Sep/03<br>112.5<br>Britain | Joe Ciavattone<br>8/Nov/08<br>120.0<br>USA | | D.Olsavsky<br>8/Jun/03<br>127.7<br>USA | F.Ciavatone<br>7/Oct/98<br>137.5<br>USA | S.Gardner<br>16/Dec/00<br>150.0<br>Britain |
| 45+ | | | | | | S.Showell<br>27/Feb/99<br>57.5<br>Britain | C.Waterman<br>8/Jun/03<br>83.9<br>USA | B.McKenzie<br>17/Oct/99<br>88.4<br>USA | B.Hirsh<br>8/Jun/03<br>79.4<br>USA | R.Meldon<br>30/Jun/09<br>125.5<br>Britain | A.Tucker<br>30/Jun/09<br>105.5<br>Britain | | | S.Schmidt<br>15/Jan/05<br>113.4<br>USA | P.Phillips<br>17/Dec/00<br>140.0<br>Australia | P.Montgomery<br>4/Nov/06<br>125.0<br>USA | | F.Ciavatone<br>16/Dec/00<br>60.0<br>USA | B.Maxey<br>15/Jan/05<br>167.8<br>USA |
| 50+ | | | | | | | C Bass<br>31/Oct/01<br>72.6<br>Britain | J.McKean<br>12/Oct/97<br>81.7<br>USA | T.Garnett<br>31/Oct/01<br>45.7<br>Britain | T.Meldon<br>30/Jun/09<br>100.5<br>Britain | L.Blockston<br>11/Oct/98<br>83.9<br>USA | | T.Rowlinson<br>17/Dec/00<br>90.0<br>Australia | | J.Garcia<br>15/Jan/05<br>102.1<br>USA | | | | S.Gardner<br>23/Dec/06<br>125.0<br>Britain |
| 55+ | | | | | | | W.Wright<br>27/Feb/99<br>90.0<br>Britain | W.Wright<br>16/Dec/00<br>90.0<br>Britain | J.McKean<br>12/Oct/03<br>81.6<br>USA | D.Hatecker<br>7/Oct/98<br>90.0<br>USA | F.Allen<br>6/May/00<br>85.0<br>Britain | D.Wynn<br>15/Apr/06<br>115.0<br>USA | | | | | | G.Dick<br>27/Feb/99<br>107.5<br>Britain | |
| 60+ | | | | | | | | W.Wright<br>28/Nov/03<br>90.0<br>Britain | W.Wright<br>22/Apr/06<br>85.0<br>Britain | K.Murdie<br>6/May/00<br>110.0<br>Britain | C.Nevis<br>31/Oct/01<br>92.5<br>Britain | | B.Anderson<br>6/May/00<br>80.0<br>Britain | B.Crozier<br>3/Apr/01<br>102.5<br>USA | B.Crozier<br>4/Mar/00<br>93.4<br>USA | | | | D.Ross<br>15/Jan/05<br>102.1<br>USA |
| 65+ | | | | | | | | T.Kelly<br>31/Oct/01<br>53.2<br>Britain | W.Wright<br>31/Mar/07<br>85.0<br>Britain | M.Archer<br>6/May/00<br>100.0<br>Britain | D.Habecker<br>14/Oct/07<br>83.9<br>USA | | | | B.Crozier<br>10/May/03<br>92.0<br>USA | | | | |
| 70+ | | | | | | | G.Davidson<br>6/Jun/09<br>67.5<br>Britain | D.Mitchell<br>8/Jun/03<br>45.4<br>USA | H.Perryman<br>17/Dec/00<br>65.0<br>Australia | | | B.Anderson<br>3/Dec/06<br>70.0<br>Britain | B.Anderson<br>18/Feb/07<br>70.0<br>Britain | | B.Clark<br>8/Jun/03<br>68.0<br>USA | | | | |
| 75+ | | | | | | | | | A.Montini<br>13/Oct/02<br>36.3<br>USA | A.Montini<br>8/Jun/03<br>65.8<br>USA | | B.Chapman<br>14/Jul/02<br>75.0<br>Australia | | | | | | | |
| 80+ | | | | | | B.Smith<br>31/Oct/01<br>36.3<br>Britain | | | | | | | | J.Lano<br>8/Jun/03<br>56.7<br>USA | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | |

| | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg | 125+kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | | | | | | | | | | | | | | | | | | | |
| 14-15 | | | | | | | | M.Fitz<br>15/Jan/05<br>34.0<br>USA | M.Hughes<br>23/Dec/06<br>45.0<br>Britain | | | | | | | | | | |
| 16-17 | | | | | | | | | | | | | | | | | | | |
| 18-19 | | | | | | | | | | | | | | | | | | | |
| OPEN | | | J.Gedney<br>15/Apr/06<br>42.5<br>USA | | A McInally<br>23/Apr/05<br>47.5<br>Britain | 50.0 | R.Hall<br>8/Jun/03<br>56.7<br>USA | T.Emmerson<br>27/Feb/99<br>52.5<br>Britain | V.Monk<br>14/Oct/07<br>41.3<br>USA | | A.Rollo<br>10/Aug/03<br>61.5<br>Australia | | | M.Laban<br>10/Sep/05<br>50.0<br>Britain | | | | | M.McConnoug<br>15/Jan/05<br>65.8<br>USA |
| 40+ | | | | | A McInally<br>16/Dec/00<br>42.5<br>Britain | | R.Hall<br>8/Jun/03<br>56.7<br>USA | K.Gardner<br>16/Dec/00<br>50.0<br>Britain | | | A.Rollo<br>10/Aug/03<br>61.5<br>Australia | | | M.Laban<br>10/Sep/05<br>50.0<br>Britain | | | | | |
| 45+ | | | | | A McInally<br>23/Apr/05<br>47.5<br>Britain | J.Taylor<br>12/Mar/06<br>50.0<br>Australia | | K.Gardner<br>23/Dec/06<br>40.0<br>Britain | | | | | | | | | | | M.McConnoug<br>15/Jan/05<br>65.8<br>USA |
| 50+ | | | | | | | | | | | | | | | | | | | |
| 55+ | | | | | | | | | | | | | | | | | | | |
| 60+ | | | | | M.LaRosa<br>8/Jun/03<br>31.8<br>USA | | | | | | | | | | | | | | |
| 65+ | | | J.Gedney<br>15/Apr/06<br>42.5<br>USA | | | | | | | | | | | | | | | | |
| 70+ | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | |

IAWA World Records

# Bench Press Feet on Floor (men) - A3

06/03/2010

| | 30kg | 35kg | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg | 125+kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | 32.5# | 34.0# | 31.7# | 40.0# | 49.9# | 52.2# | 32.5# | 65.0# | M.Green<br>27/Apr/02<br>46.0<br>USA | 27.0# | 52.1# | 34.0# | | 63.5# | | | | | | | |
| 14-15 | | | | 40.0# | 42.5# | 60.0# | 61.2# | 80.0# | 81.6# | J.Sapone<br>30/Sep/06<br>83.9<br>USA | 95.0# | 68.0# | 80.0# | 61.2# | 80.0# | 84.1# | 83.9# | | T.Stone<br>24/Apr/04<br>75.0<br>Britain | | 108.8# |
| 16-17 | | | | | | 74.8# | 83.9# | 83.9# | 85.0# | G.Owen<br>30/Oct/07<br>106.0<br>Britain | 97.5# | D.Seroka<br>7/May/05<br>85.0<br>Australia | 110.0# | R.Adams<br>30/Sep/06<br>113.4<br>USA | M.Doyle<br>21/Aug/05<br>80.0<br>Australia | 93.0# | | | | | |
| 18-19 | | | | | | | 90.7# | 80.0# | 95.2# | S.McKenzie<br>10/Sep/06<br>100.0<br>Australia | J.Muzzy<br>4/Nov/06<br>107.5<br>USA | 110.0# | 75.0# | 82.5# | 104.3# | Jon Gardner<br>13/Apr/02<br>80.0<br>Britain | 113.4# | | | | D.Lewis<br>30/Sep/06<br>113.4<br>USA |
| OPEN | 32.5# | 34.0# | 31.7# | 40.0# | 95.0# | 82.5# | 105.0# | 125.0# | 130.0# | 145.2# | 155.0# | 165.0# | 181.5# | 157.5# | 217.7# | 175.0# | 179.4# | 185.0# | 180.0# | 187.5# | 181.4# |
| 40+ | | | | | | | 86.4# | 95.0# | 113.4# | 100.0# | 130.0# | 100.0# | 115.0# | P.Crisp<br>30/Dec/09<br>153.5<br>Britain | 168.0# | 175.0# | 155.0# | FJ.Tatam<br>17/Mar/02<br>115.0<br>Australia | 120.0# | 140.0# | 187.5# |
| 45+ | | | | | | | 70.3# | 95.5# | 93.0# | 135.0# | 130.0# | B.Bryan<br>4/Nov/06<br>135.0<br>USA | 137.5# | 120.0# | 135.0# | P.Phillips<br>17/Mar/02<br>155.0<br>Australia | 155.0# | P.Montgomery<br>26/Aug/06<br>125.5<br>USA | 140.0# | 130.0# | 182.5# |
| 50+ | | | | | | | 65.8# | | 90.7# | 124.8# | 126.5# | B.Bryan<br>8/Nov/08<br>135.0<br>USA | 122.5# | 145.1# | 136.1# | 145.1# | 137.5# | 130.0# | 115.0# | 120.2# | 166.0# |
| 55+ | | | | | | | | | 97.5# | 110.0# | 110.0# | 125.0# | 117.5# | 117.5# | 122.5# | 131.5# | 140.0# | 110.0# | 115.0# | 115.0# | 110.0# |
| 60+ | | | | | | | | | 97.5# | 100.0# | 112.5# | 115.0# | 127.5# | 116.0# | 92.5# | 90.0# | 83.9# | 107.5# | 70.3# | | G.Dick<br>30/Oct/08<br>110.0<br>Britain |
| 65+ | | | | | | | | 50.0# | G.Davidson<br>8/Apr/06<br>80.0<br>Britain | 100.0# | A.Short<br>17/Feb/08<br>120.0<br>Australia | 100.0# | 100.0# | 80.0# | 97.5# | 93.0# | 97.7# | 110.0# | FH.Tatam<br>17/Mar/02<br>120.0<br>Australia | | |
| 70+ | | | | | | | | 50.0# | 63.5# | G.Davidson<br>30/Aug/07<br>82.5<br>Britain | 80.0# | 97.5# | 86.2# | 90.0# | 82.5# | 83.9# | 81.6# | | | | |
| 75+ | | | | | | | | 54.4# | 55.0# | 55.0# | 68.0# | 88.5# | 72.5# | 55.0# | B.Chapman<br>17/Mar/02<br>85.0<br>Australia | | | | | | |
| 80+ | | | | | | | | 31.8# | | 55.0# | | 63.5# | 52.1# | 70.0# | B.Chapman<br>21/Aug/05<br>80.0<br>Australia | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | | | |
| 90+ | | | | | | | | | | | 6.8# | | | | | | | | | | |

| | 25kg | 30kg | 35kg | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg | 125+kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | 20.4# | 25.4# | 24.9# | E.Monk<br>14/Oct/07<br>36.7<br>USA | 34.0# | 27.2# | | 38.6# | | | 42.5# | 34.1# | | | | | | | | | | |
| 14-15 | | | | | | | | | 43.1# | 50.0# | 34.1# | C.Heka<br>24/Mar/05<br>47.5<br>Australia | | | | | | | | | | |
| 16-17 | | | | | | 40.0# | 40.0# | | 50.0# | 47.6# | 47.7# | A.Birch<br>10/Sep/06<br>52.5<br>Australia | | | | | | | | | | |
| 18-19 | | | | | | 31.1# | | | 45.3# | | M.Hughes<br>16/Dec/09<br>40.0<br>Britain | | | 52.5# | M.Phillips<br>17/Mar/02<br>60.0<br>Australia | 80.0# | | | | | | | |
| OPEN | 20.4# | 25.4# | 24.9# | 36.7 | 34.0 | 47.5# | 72.5# | 52.5# | M.Cook<br>17/Mar/02<br>70.0<br>Australia | 56.7# | 93.0# | 86.2# | 55.0# | 60.0# | 60.0# | 80.0# | M.Laban<br>8/Apr/06<br>60.0<br>Britain | | | | | 75.3# |
| 40+ | | | | | | 27.3# | 30.0# | 48.5# | J.Taylor<br>21/Aug/05<br>55.0<br>Australia | 56.7# | 83.9# | 83.9# | 55.0# | A.Rollo<br>6/Oct/03<br>60.0<br>Australia | | 52.5# | M.Laban<br>8/Apr/06<br>60.0<br>Britain | | | | | 75.3# |
| 45+ | | | | | | 30.0# | 37.5# | 50.5# | J.Taylor<br>10/Sep/06<br>55.0<br>Australia | 40.8# | 45.0# | | | | | | | | | | | 72.7# |
| 50+ | | | | | | | 32.5# | 52.5# | A.McInally<br>30/Oct/07<br>42.5<br>Britain | 36.3# | 33.5# | K.Gardner<br>20/Dec/08<br>35.0<br>Britain | | | | | | | | | | |
| 55+ | | | | | | | 32.5# | | | 31.3# | | | | | | | | | | | | |
| 60+ | | | | | | 30.0# | 40.0# | 31.8# | 36.0# | 25.0# | | | | | | | | | | | | |
| 65+ | | | | | | 47.5# | 27.0# | | | | | | | | | | | | | | | |
| 70+ | | | | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | | | | | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | | | | |

IAWA World Records

Bench Press FIA (men) - A3

06/03/2010

| | 30kg | 35kg | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg | 125+kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 138&Under | R.Montini<br>15/Feb/92<br>32.5<br>USA | R.Montini<br>25/Jul/93<br>34.0<br>USA | J.Schmidt<br>9/Dec/90<br>31.8<br>USA | M.Parish<br>20/Sep/93<br>40.0<br>Britain | W.Vasey<br>31/Jul/94<br>49.9<br>Britain | W.Vasey<br>24/Oct/94<br>52.2<br>Britain | JonGardner<br>21/Oct/95<br>32.5<br>Britain | SJ.Vernacchio<br>28/Nov/92<br>65.0<br>USA | S.McKean<br>16/Oct/94<br>38.6<br>USA | J.Carter<br>21/Jan/90<br>27.0<br>USA | S.Beck<br>30/Apr/05<br>52.1<br>USA | B.Zauer<br>26/Apr/03<br>34.0<br>USA | | K.Patrick<br>30/Apr/06<br>63.5<br>USA | | | | | | | |
| 14-15 | | | | C Howard<br>26/Jun/94<br>40.0<br>Britain | C.Wood<br>15/Nov/97<br>42.5<br>Britain | P.Stonier<br>27/Aug/88<br>60.0<br>Britain | M.Jackson<br>30/Apr/00<br>61.2<br>Britain | D.McDowall<br>12/Dec/93<br>80.0<br>Britain | D.Vasey<br>31/Jul/94<br>81.6<br>Britain | Jon Gardner<br>6/May/98<br>65.0<br>Britain | E.Riley III<br>12/Jan/91<br>95.0<br>USA | S.Beck<br>30/Apr/06<br>68.0<br>USA | T.Frasso<br>27/Feb/99<br>80.0<br>USA | J.Blockston<br>30/May/04<br>61.2<br>USA | T.Frasso<br>27/Feb/99<br>80.0<br>USA | J.Becklun<br>30/Apr/06<br>84.1<br>USA | J.Becklun<br>17/Jun/06<br>83.9<br>USA | | | | K.Lee<br>24/Nov/02<br>108.8<br>USA |
| 16-17 | | | | | | J.Achenbach<br>30/Apr/05<br>74.8<br>USA | J.Achenbach<br>23/Oct/05<br>83.9<br>USA | K.Achenbach<br>30/Apr/05<br>83.9<br>USA | D.Kim<br>15/Apr/06<br>85.0<br>USA | J.French<br>21/May/02<br>95.0<br>Britain | J.Monk<br>30/Apr/05<br>97.5<br>USA | S.Holcomb<br>2/Jun/03<br>83.9<br>USA | S.Bates<br>2/Dec/93<br>110.0<br>Britain | J.Blockston<br>30/Apr/05<br>93.0<br>USA | J.Patrick<br>30/Apr/05<br>77.5<br>USA | J.Patrick<br>30/Apr/06<br>93.0<br>USA | | | | | |
| 18-19 | | | | | | | J.Achenbach<br>30/Apr/06<br>90.7<br>USA | P.Crooks<br>15/Dec/92<br>80.0<br>Britain | K.Achenbach<br>30/Apr/06<br>95.2<br>USA | T.Kennedy<br>26/Jul/98<br>82.5<br>USA | A.Hewlett<br>14/Jul/02<br>90.0<br>Australia | C.Ross<br>2/Jun/03<br>110.0<br>Britain | S.Best<br>8/Apr/01<br>75.0<br>Australia | JefCiavattone<br>26/Jul/98<br>82.5<br>USA | I.Reel<br>25/Jun/05<br>104.3<br>USA | | I.Reel<br>17/Jun/06<br>113.4<br>USA | | | | |
| OPEN | 32.5 | 34.0 | 31.8 | 40.0 | D.Berry<br>31/Oct/97<br>95.0<br>Britain | D.Quier<br>10/Mar/90<br>82.5<br>USA | T.Nguyen<br>16/Mar/03<br>105.0<br>Australia | N.Wilkinson<br>20/Aug/93<br>125.0<br>Britain | A.Blindt<br>30/Jun/89<br>130.0<br>Britain | A.Smith<br>13/Jun/04<br>145.2<br>USA | J.Robinson<br>16/May/99<br>155.0<br>Australia | B.Bryan<br>10/Mar/90<br>165.0<br>USA | N.Robinson<br>29/Sep/97<br>181.5<br>Britain | D.Moore<br>19/Oct/97<br>157.5<br>USA | T.Succarotte<br>5/Jun/04<br>217.7<br>USA | I.Tudor<br>19/May/91<br>175.0<br>Britain | E.Todd<br>30/Apr/05<br>179.4<br>USA | J.Dundon<br>19/Oct/97<br>185.0<br>USA | M.Black<br>19/Oct/97<br>180.0<br>USA | C.Cookson<br>2/Jun/03<br>187.5<br>USA | B.Maxey<br>14/Dec/02<br>181.4<br>USA |
| 40+ | | | | | | | J.McKean<br>15/Jul/90<br>86.4<br>USA | B.Pensyl<br>12/Jan/91<br>95.0<br>USA | J.Monk<br>30/Apr/06<br>113.4<br>USA | C.Waterman<br>19/Oct/97<br>100.0<br>USA | MJ Ping<br>2/Jun/03<br>130.0<br>PRC | S.King<br>30/May/04<br>100.0<br>NZ | N.Swain<br>21/Feb/06<br>115.0<br>Britain | T.Thauer<br>10/Jun/02<br>125.0<br>Germany | I.Tudor<br>31/Dec/98<br>168.0<br>Britain | I.Tudor<br>19/May/91<br>175.0<br>Britain | B.Cookson<br>30/Apr/05<br>155.0<br>USA | FJ.Tatam<br>16/Mar/03<br>115.0<br>Australia | FJ.Tatam<br>19/May/02<br>120.0<br>Australia | F.Ciavattone<br>19/Oct/97<br>140.0<br>USA | M.Mitchell<br>2/Jun/03<br>187.5<br>USA |
| 45+ | | | | | | | B.Grey<br>31/Oct/97<br>70.3<br>Britain | B.Pensyl<br>19/Oct/97<br>95.5<br>USA | C.Bass<br>28/Oct/95<br>93.0<br>Britain | J.Guerin<br>19/May/91<br>135.0<br>Britain | J.Guerin<br>26/Oct/92<br>130.0<br>Britain | K.Smith<br>28/Aug/88<br>120.0<br>Britain | B.Bryan<br>2/Nov/03<br>137.5<br>USA | K.Williams<br>10/Sep/94<br>120.0<br>Britain | P.Phillips<br>13/Aug/00<br>135.0<br>Australia | P.Phillips<br>16/Mar/03<br>140.0<br>Australia | P.Phillips<br>1/Jun/02<br>155.0<br>Australia | FJ.Tatam<br>16/Mar/03<br>125.0<br>Australia | P.Phillips<br>19/Mar/00<br>140.0<br>Australia | FJ.Tatam<br>30/Apr/06<br>130.0<br>Australia | B.Maxey<br>2/Jun/03<br>182.5<br>USA |
| 50+ | | | | | | | B.Grey<br>28/Feb/99<br>65.8<br>Britain | | C Bass<br>28/Feb/99<br>90.7<br>Britain | J.Guerin<br>24/Oct/94<br>124.8<br>Britain | J.Guerin<br>16/Jul/94<br>126.5<br>Britain | F.Allen<br>5/Dec/92<br>110.0<br>Britain | J.Vernacchio<br>10/Mar/90<br>122.5<br>USA | T.Grow<br>26/Feb/94<br>145.1<br>USA | R.Sisk<br>2/Jun/03<br>136.1<br>USA | R.Sisk<br>1/Jun/02<br>145.1<br>USA | P.Phillips<br>13/Jun/04<br>137.5<br>Australia | J.Malloy<br>30/Jan/93<br>130.0<br>USA | S.Schmidt<br>30/Apr/06<br>115.0<br>USA | F.Ciavattone<br>25/Jun/05<br>120.2<br>USA | H.Bach<br>14/Jul/02<br>166.0<br>Australia |
| 55+ | | | | | | | | | W.Wright<br>30/Apr/99<br>97.5<br>Britain | B.Kappel<br>31/Dec/01<br>110.0<br>Australia | M.Archer<br>30/Jun/89<br>110.0<br>Britain | K.Murdie<br>19/Oct/97<br>125.0<br>Britain | D.Wynn<br>28/Oct/06<br>117.5<br>USA | D.Wynn<br>15/Apr/06<br>117.5<br>USA | R.Sisk<br>30/May/04<br>122.5<br>USA | R.Sisk<br>30/Apr/06<br>131.5<br>USA | P.Phillips<br>17/Feb/08<br>140.0<br>Australia | G.Dick<br>2/Jun/03<br>110.0<br>Britain | G.Dick<br>30/Apr/05<br>115.0<br>Britain | R.Davidson<br>18/May/03<br>115.0<br>Australia | R.Davidson<br>30/May/04<br>110.0<br>Australia |
| 60+ | | | | | | | | | W.Wright<br>21/May/02<br>97.5<br>Britain | B.Kappel<br>12/Mar/06<br>100.0<br>Australia | M.Archer<br>19/Oct/97<br>112.5<br>Britain | M.Archer<br>21/Oct/95<br>115.0<br>Britain | J.Fulton<br>2/Feb/91<br>127.5<br>Britain | L.Blockston<br>30/Apr/05<br>116.0<br>USA | B.Anderson<br>21/Oct/95<br>92.5<br>Britain | H.Prechtel<br>30/Jun/89<br>90.0<br>USA | B.Clark<br>5/Feb/95<br>83.9<br>USA | J.Malloy<br>25/Jun/06<br>107.5<br>USA | B.Geib<br>5/Jun/04<br>70.3<br>USA | | |
| 65+ | | | | | | | | B.Savage<br>02-Jun-03<br>50.0<br>NZ | T.Kelly<br>30/Apr/00<br>65.0<br>Britain | P.Hubbard<br>2/Nov/03<br>100.0<br>USA | M.Archer<br>28/Feb/99<br>105.0<br>Britain | M.Archer<br>30/Aug/02<br>100.0<br>Britain | R.Durante<br>19/Oct/97<br>100.0<br>USA | B.Anderson<br>1/Jun/02<br>80.0<br>Britain | H.Skeete<br>10/Jul/88<br>97.5<br>USA | B.Crozier<br>25/Jun/05<br>93.0<br>USA | H.Prechtel<br>15/Jul/90<br>97.7<br>USA | FH.Tatam<br>19/May/02<br>110.0<br>Australia | FH.Tatam<br>2/Jun/03<br>120.0<br>Australia | | |
| 70+ | | | | | | | | B.Savage<br>30/May/04<br>50.0<br>NZ | B.Smith<br>13/Apr/91<br>63.5<br>Britain | G.Davidson<br>3/Dec/06<br>82.5<br>Britain | A.Montini<br>19/Oct/97<br>80.0<br>USA | M.Archer<br>30/May/04<br>97.5<br>Britain | R.Durante<br>5/Jun/04<br>86.2<br>USA | H.Prechtel<br>19/Oct/97<br>90.0<br>USA | B.Chapman<br>12/Aug/01<br>82.5<br>USA | H.Prechtel<br>4/Jun/95<br>83.9<br>USA | B.Clark<br>2/Jun/03<br>81.6<br>USA | | | |
| 75+ | | | | | | | | J.Amendalro<br>5/Jun/04<br>54.4<br>USA | B.Smith<br>18/Mar/96<br>55.0<br>Britain | B.Cox<br>30/Apr/05<br>55.0<br>USA | P.Ready<br>28/Feb/99<br>68.0<br>Britain | A.Montini<br>25/Jun/05<br>88.5<br>USA | H.Prechtel<br>1/Jun/02<br>72.5<br>USA | F.Lamp<br>21/Aug/05<br>55.0<br>Australia | B.Chapman<br>19/May/02<br>85.0<br>Australia | | | | | |
| 80+ | | | | | | | | B.Smith<br>30/Aug/02<br>31.8<br>Britain | | B.Cox<br>30/Apr/06<br>55.0<br>USA | | P.Ready<br>24/May/02<br>63.5<br>Britain | J.Dorylis<br>5/Jun/04<br>52.1<br>USA | H.Prechtel<br>30/Apr/06<br>70.0<br>USA | P.Eberharding'r<br>26/Apr/03<br>34.0<br>USA | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | | | |
| 90+ | | | | | | | | | | | C.Myers<br>17/Jun/06<br>6.8<br>USA | | | | | | | | | | |

| | 25kg | 30kg | 35kg | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg | 125+kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | E.Monk<br>30/Apr/05<br>20.4<br>USA | E.Monk<br>30/Apr/06<br>25.4<br>USA | E.Monk<br>22/Oct/06<br>24.9<br>USA | D.Ciavattor<br>26/Jul/98<br>20.0<br>USA | K.Myers<br>20/Feb/05<br>34.0<br>USA | J.Wilson<br>10/Feb/07<br>27.2<br>USA | | K.Myers<br>10/Feb/07<br>38.6<br>USA | | | M.Hughes<br>30/Apr/05<br>42.5<br>Britain | K.Griffis<br>30/Apr/06<br>34.1<br>USA | | | | | | | | | | |
| 14-15 | | | | | | | | | S.Jaeschke<br>2/Jun/03<br>43.1<br>USA | S.Jaeschke<br>30/May/04<br>50.0<br>USA | M.Fritz<br>30/Apr/05<br>34.1<br>USA | E.Talbot<br>28/Feb/99<br>45.0<br>Britain | | | | | | | | | | |
| 16-17 | | | | | | P.Thompson<br>2/Feb/91<br>40.0<br>Britain | L.Gosling<br>1/Jun/02<br>40.0<br>Britain | | N.Armstrong<br>30/Apr/06<br>50.0<br>NZ | A.Paul<br>30/May/04<br>47.6<br>USA | M.Ffitz<br>30/Apr/06<br>47.7<br>USA | | | | | | | | | | | |
| 18-19 | | | | | | L.Hall<br>2/Jun/03<br>31.1<br>USA | | | A.McBride<br>30/Jan/99<br>45.3<br>USA | | | | | M.Phillips<br>8/Apr/01<br>52.5<br>Australia | M.Phillips<br>30/Dec/01<br>55.0<br>Australia | XL Liang<br>2/Jun/03<br>80.0<br>PRC | | | | | | | |
| OPEN | 20.4 | 25.4 | 24.9 | 20.0 | 34.0 | J.Gedney<br>15/Apr/06<br>47.5<br>USA | A.Blindt<br>30/Jun/89<br>72.5<br>Britain | J.Burchette<br>10/Mar/90<br>52.5<br>USA | M.Cook<br>12/May/02<br>70.0<br>Australia | D.DeLaRos<br>23/Jan/88<br>56.7<br>USA | A.Ollennuki<br>3/Feb/01<br>93.0<br>USA | A.Ollennuki<br>4/Feb/96<br>86.2<br>USA | A.Rollo<br>13/Jun/04<br>55.0<br>Australia | A.Rollo<br>18/May/03<br>60.0<br>Australia | M.Phillips<br>19/May/02<br>60.0<br>Australia | XL Liang<br>2/Jun/03<br>80.0<br>PRC | | | | | M | McConnou<br>2/Jun/03<br>75.3<br>USA |
| 40+ | | | | | | S.Hughes<br>15/Jul/90<br>27.3<br>USA | S.Hughes<br>10/Mar/90<br>30.0<br>USA | A McInally<br>30/Apr/00<br>48.5<br>Britain | J.Taylor<br>30/Apr/05<br>50.0<br>Australia | R.Hall<br>26/Apr/03<br>56.7<br>USA | A.Ollennuki<br>1/Feb/03<br>83.9<br>USA | A.Ollennuki<br>19/Nov/05<br>83.9<br>USA | A.Rollo<br>13/Jun/04<br>55.0<br>Australia | A.Rollo<br>30/May/04<br>60.0<br>Australia | | M.Laban<br>30/May/04<br>52.5<br>Britain | | | | | M | McConnou<br>2/Jun/03<br>75.3<br>USA |
| 45+ | | | | | | N.Phumchad<br>1/Jun/89<br>30.0<br>USA | P.Skimmer<br>16/Nov/96<br>37.5<br>USA | A McInally<br>21/May/02<br>50.5<br>Britain | A McInally<br>28/Feb/06<br>50.0<br>Britain | J.Fulford<br>29/Dec/94<br>40.8<br>Britain | K.Gardner<br>30/Apr/06<br>45.0<br>Britain | | | | | | | | | | M | McConnou<br>30/Apr/06<br>72.7<br>USA |
| 50+ | | | | | | | N.Phumchad<br>19/Oct/97<br>32.5<br>USA | J.Burchette<br>10/Mar/90<br>52.5<br>USA | J.Phillips<br>16/May/04<br>42.5<br>Australia | J.Fulford<br>31/Oct/97<br>36.3<br>Britain | S.Lewis<br>31/Oct/97<br>33.5<br>Britain | M.Wade<br>30/May/04<br>29.5<br>USA | | | | | | | | | | |
| 55+ | | | | | | | N.Phumchad<br>1/Jun/02<br>32.5<br>USA | na | | J.Fulford<br>24/May/02<br>31.3<br>Britain | | | | | | | | | | | | |
| 60+ | | | | | | C.Anderson<br>25/May/02<br>30.0<br>USA | N.Phumchad<br>30/Apr/05<br>40.0<br>USA | M.LaRosa<br>12/Oct/03<br>31.8<br>USA | K.Howley<br>30/Apr/06<br>36.0<br>USA | J.Habecker<br>30/Dec/01<br>25.0<br>USA | | | | | | | | | | | | |
| 65+ | | | | | | J.Gedney<br>15/Apr/06<br>47.5<br>USA | C.Anderson<br>30/Apr/06<br>27.0<br>USA | | | | | | | | | | | | | | | |
| 70+ | | | | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | | | | | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | | | | |

IAWA World Records | Bench Press - LH (men) - B37 | 06/03/2010

| | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg | 125+kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | | | | | | | | | | | | | | | | | | | |
| 14-15 | | | | | | | | | | | | | | | | | | | |
| 16-17 | | | | | | R.Clausen<br>28/Oct/06<br>27.5<br>USA | | | | | | | | | | | | | |
| 18-19 | | | | | | | | | | | | | | | | | | | |
| OPEN | | | | | | R.Clausen<br>28/Oct/06<br>27.5<br>USA | | | | | D.Wynn<br>28/Oct/06<br>30.0<br>USA | S.Trew<br>17/Feb/08<br>40.0<br>Australia | T.Thauer<br>4/Nov/02<br>60.0<br>Germany | H.Schwieter<br>15/Apr/06<br>22.5<br>USA | | G.Alway<br>7/Nov/09<br>32.5<br>Britain | | | B.Maxey<br>20/Feb/05<br>58.1<br>USA |
| 40+ | | | | | | | | | | | | | T.Thauer<br>4/Nov/02<br>60.0<br>Germany | | | | | | |
| 45+ | | | | | | | | | | | | | | | | | | | B.Maxey<br>20/Feb/05<br>58.1<br>USA |
| 50+ | | | | | | | | | | | | | | | | | | | |
| 55+ | | | | | | | | | | | D.Wynn<br>28/Oct/06<br>30.0<br>USA | | | | | | | | B.Fellows<br>10/Dec/89<br>56.7<br>USA |
| 60+ | | | | | | | | | | | | | | H.Schwieter<br>15/Apr/06<br>22.5<br>USA | | | | | |
| 65+ | | | | | | | | | | | | | | | | B.Clark<br>4/Nov/00<br>20.4<br>USA | | | |
| 70+ | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | B.Chapman<br>6/Oct/03<br>32.5<br>Australia | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | |

IAWA World Records | Bench Press - LH (women) - B37 | 06/03/2010

| | 35kg | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | | | | | | | | | | | | | | | | | | | |
| 14-15 | | | | | | | | | | | | | | | | | | | |
| 16-17 | | | | | | | | | | | | | | | | | | | |
| 18-19 | | | | | | | | | | | | | | | | | | | |
| OPEN | | | J.Gedney 28/Oct/06 16.0 USA | | | | | | | | | | | | | | | | |
| 40+ | | | | | | | | | | | | | | | | | | | |
| 45+ | | | | | | | | | | | | | | | | | | | |
| 50+ | | | | | | | | | | | | | | | | | | | |
| 55+ | | | | | | | | | | | | | | | | | | | |
| 60+ | | | | | | | | | | | | | | | | | | | |
| 65+ | | | J.Gedney 28/Oct/06 16.0 USA | | | | | | | | | | | | | | | | |
| 70+ | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | |

| | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg | 125+kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | | | | | | | | | | | | | | | | | | | |
| 14-15 | | | | | | | | | | | | | | | | | | | |
| 16-17 | | | | | | | | | | | | | | | | | | | |
| 18-19 | | | | | | | | | | | | | | | | | | | |
| OPEN | | | | | | | | C.Cranfelt<br>14/Oct/00<br>50.0<br>Finland | C.Cranfelt<br>20/Nov/99<br>47.5<br>Finland | | D.Wynn<br>28/Oct/06<br>50.0<br>USA | D.Wynn<br>15/Apr/06<br>40.0<br>USA | R.Bletcher<br>14/Dec/02<br>20.4<br>USA | H.Schwieter<br>15/Apr/06<br>32.5<br>USA | M.McBride<br>4/Nov/00<br>45.3<br>USA | J.Garcia<br>31/Oct/98<br>43.1<br>USA | | A.Myers<br>14/Dec/02<br>68.0<br>USA | S.Gardner<br>20/Nov/99<br>60.0<br>Britain |
| 40+ | | | | | | | | | N.Swain<br>30/Dec/09<br>30.5<br>Britain | | N.Swain<br>26/May/08<br>45.0<br>Britain | | | | | | | | S.Gardner<br>20/Nov/99<br>60.0<br>Britain |
| 45+ | | | | | | | | | | | | | | | | J.Garcia<br>31/Oct/98<br>43.1<br>USA | | | B.Rogers<br>23/Nov/99<br>45.3<br>USA |
| 50+ | | | | | | | | | | | | | | | | | | | |
| 55+ | | | | | | | | | | | D.Wynn<br>28/Oct/06<br>50.0<br>USA | D.Wynn<br>15/Apr/06<br>40.0<br>USA | | | | | | | |
| 60+ | | | | | | | | | | | | | | H.Schwieter<br>15/Apr/06<br>32.5<br>USA | | | | | |
| 65+ | | | | | | | | | | | | | R.Bletcher<br>14/Dec/02<br>20.4<br>USA | | | B.Clark<br>31/Oct/98<br>20.4<br>USA | | | |
| 70+ | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | |

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| | 35kg | 40kg | 45kg | 50kg | 55kg | 60kg | 65kg | 70kg | 75kg | 80kg | 85kg | 90kg | 95kg | 100kg | 105kg | 110kg | 115kg | 120kg | 125kg |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 13&Under | | | | | | | | | | | | | | | | | | | |
| 14-15 | | | | | | | | | | | | | | | | | | | |
| 16-17 | | | | | | | | | | | | | | | | | | | |
| 18-19 | | | | | | | | | | | | | | | | | | | |
| OPEN | | | J.Gedney<br>28/Oct/06<br>16.0<br>USA | | | | J.Taylor<br>10/Apr/05<br>23.5<br>Australia | | | | | | | | | | | | |
| 40+ | | | | | | | J.Taylor<br>10/Apr/05<br>23.5<br>Australia | | | | | | | | | | | | |
| 45+ | | | | | | | | | | | | | | | | | | | |
| 50+ | | | | | | | | | | | | | | | | | | | |
| 55+ | | | | | | | | | | | | | | | | | | | |
| 60+ | | | | | | | | | | | | | | | | | | | |
| 65+ | | | J.Gedney<br>28/Oct/06<br>16.0<br>USA | | | | | | | | | | | | | | | | |
| 70+ | | | | | | | | | | | | | | | | | | | |
| 75+ | | | | | | | | | | | | | | | | | | | |
| 80+ | | | | | | | | | | | | | | | | | | | |
| 85+ | | | | | | | | | | | | | | | | | | | |