	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under		A.McKean 16/Oct/11 21.8 USA																	
14-15							Josh.Monk 8/Jun/03 99.8 USA	C.Denifle 8/Jun/03 104.3 USA										K.Hess 13/Mar/10 142.0 USA	K.Lee 24/Nov/02 140.2 USA
16-17					M.VanFossan 11/Oct/98 71.7 USA		S.McKean 11/Oct/98 85.3 USA		J.Grist 24/Nov/02 117.5 USA		J.Hunter 13/Oct/02 136.0 USA	J.Hunter 24/Nov/02 117.5 USA		I.Reel 20/Feb/05 142.4 USA					K.Kincaid 8/Jun/03 181.5 USA
18-19													J.Hunter 8/Jun/03 124.7 USA						
OPEN					71.7	S.Polglaze 20/Nov/11 102.5 Australia	C.Waterman 8/Jun/03 131.6 USA	J.McKean 11/Oct/98 126.1 USA	B.Hirsh 23/Nov/03 154.2 USA	L.Beffort 20/Feb/05 163.8 USA	R.Smith 8/Jun/03 145.2 USA	J.Hunter 26/Apr/03 117.5 USA	G.Wojtowicz 8/Jun/03 158.8 USA	B.Spayd 8/Jun/03 172.4 USA	B.Cookson 20/Feb/05 167.8 USA	A.Myers 20/Nov/11 185.0 USA	M.Haydock 20/Nov/11 182.5 Britain	A.Myers 8/Jun/03 181.5 USA	K.Kincaid 8/Jun/03 181.5 USA
40+										G.Phillips 6/Feb/11 101.5 Australia		S.Salis 6/Feb/11 100.0 Australia	R.English 11/Oct/98 144.2 USA	T.Edwards 6/Feb/11 160.0 Australia	B.Cookson 20/Feb/05 167.8 USA	A.Myers 10/Feb/07 169.7 USA	D.Olsavsky 8/Jun/03 149.7 USA	D.Barnhart 10/Feb/07 137.9 USA	
45+							C.Waterman 8/Jun/03 131.6 USA		B.Hirsh 23/Nov/03 154.2 USA		R.Smith 8/Jun/03 145.2 USA					A.Myers 20/Nov/11 185.0 USA			
50+								J.McKean 11/Oct/98 126.1 USA			B.Bryan 16/Oct/11 117.3 USA								
55+								D.Friesz 11/Oct/98 98.9 USA	J.McKean 14/Oct/01 129.2 USA	J.McKean 23/Oct/05 121.6 USA			R.Lukosius 20/Nov/11 120.0 Australia		P.Phillips 20/Nov/11 140.0 Australia		S.Schmidt 13/Mar/10 162.4 USA		
60+									S.Sherwood 20/Nov/11 145.0 Britain	D.Hartzell 14/Oct/01 129.2 USA	D.Habecker 8/Jun/03 99.8 USA								
65+										D.Habecker 20/Nov/11 100.0 USA	A.Kormony 8/Jun/03 122.5 USA								
70+								D.Mitchell 23/Nov/03 97.2 USA		A.Montini 11/Oct/98 94.3 USA				R.Bletscher 13/Mar/10 117.0 USA	B.Clark 8/Jun/03 97.5 USA				
75+							D.Mitchell 20/Nov/11 65.0 USA		B.Cox 2/Nov/03 55.0 USA	A.Montini 8/Jun/03 79.4 USA									
80+								H.Perryman 20/Nov/11 45.0 Australia	A.Montini 13/Mar/10 80.7 USA		A.Montini 20/Nov/11 50.0 USA			J.Lano 8/Jun/03 72.6 USA					
85+									C.Myers 20/Feb/05 60.8 USA										

IAWA World Records

2H Vertical Bar Lift (women) - F19

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under																			
14-15																			
16-17																			
18-19																			
OPEN						M.LaRosa 8/Jun/03 68.0 USA	K.Schmidt 11/Oct/98 80.7 USA	R.Hall 8/Jun/03 81.7 USA	L.Durnell 11/Oct/98 85.2 USA		J.Martin 6/Feb/11 69.0 Australia								
40+							K.Schmidt 11/Oct/98 80.7 USA	R.Hall 8/Jun/03 81.7 USA	L.Durnell 11/Oct/98 85.2 USA										
45+									A.Whitehead 20/Nov/11 55.0 Australia										
50+						J.Gigia 20/Nov/11 60.0 Australia		J.Taylor 6/Feb/11 68.0 Australia	K.Schmidt 12/Oct/08 68.0 USA										
55+																			
60+						M.LaRosa 8/Jun/03 68.0 USA													
65+																			
70+																			
75+																			
80+																			
85+																			

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under																			
14-15									F.Ciavattone 8/Nov/08 40.0 USA										
16-17									A.Louden 26/Jun/05 72.1 USA										
18-19																			
OPEN							62.5	N.Molloy 18/Jul/10 65.0 Britain	B.Hirsh 23/Nov/03 83.9 USA	N.Swain 24/Apr/11 84.5 Britain	S.Madden 27/Feb/11 79.0 Britain	S.Madden 24/Apr/11 94.0 Britain	B.Edwards 13/Feb/10 104.3 USA	S.Angell 10/Nov/07 90.0 Britain	C.LaRosa 26/Jun/05 76.7 USA	L.Myers 13/Feb/10 80.3 USA	S.Schmidt 26/Jun/05 101.6 USA	D.Barnhart 10/Feb/08 87.1 USA	F.Ciavattone 10/Sep/05 103.4 USA
40+									R.Davis 18/Jul/10 70.0 Britain	N.Swain 11/Jul/09 80.0 Britain			S.Madden 11/Jul/09 72.5 Britain					D.Barnhart 10/Feb/08 87.1 USA	
45+									B.Hirsh 23/Nov/03 83.9 USA	N.Swain 24/Apr/11 84.5 Britain	S.Madden 27/Feb/11 79.0 Britain	S.Madden 24/Apr/11 94.0 Britain							
50+							E.Shotrtle 11/Jul/09 62.5 Britain	E.Shorttle 24/Apr/11 42.0 Britain			B.Bryan 16/Oct/11 70.0 USA		E.Schock 6/Jun/04 90.7 USA				S.Schmidt 26/Jun/05 101.6 USA		F.Ciavattone 10/Sep/05 103.4 USA
55+												L.Blockston 6/Jun/04 45.3 USA			S.Schmidt 16/Oct/11 80.0 USA				
60+											F.Allen 14/Apr/07 67.5 Britain					L.Myers 13/Feb/10 80.3 USA	B.Geib 26/Jun/05 63.1 USA		
65+								J.McKean 16/Oct/11 56.4 USA		J.Vernacchio 10/Nov/07 30.0 USA							J.Malloy 12/Oct/08 65.0 USA		
70+								D.Mitchell 26/Jun/05 51.7 USA			R.Durante 6/Jun/04 59.0 USA				J.Malloy 16/Oct/11 42.7 USA				
75+								D.Mitchell 26/Jun/10 41.3 USA											
80+											J.Dorylis 06-Jun-04 31.8 USA								
85+																			
90+										C.Myers 12/Feb/06 53.3 USA									

IAWA World Records

LH Vertical 2" Bar Lift (women) - F19

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under																			
14-15										M.Hughes 14/Apr/07 55.0 Britain									
16-17									M.Hughes 12/Apr/08 60.0 Britain										
18-19																			
OPEN									M.Hughes 12/Apr/08 60.0 Britain	M.Hughes 14/Apr/07 55.0 Britain									
40+																			
45+																			
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under		A.McKean 16/Oct/11 10.9 USA	T.Krenzin 15/Feb/09 28.6 USA	F.Ciavatone 26/Jun/05 26.8 USA	M.Mansell 12/Apr/08 42.5 Britain														
14-15									J.Allen 12/Apr/08 50.0 Britain										K.Hess 26/Jun/10 80.0 USA
16-17									A.Louden 26/Jun/05 72.1 USA				J.Blockston 6/Jun/04 56.7 USA		S.Paggett 14/Apr/07 75.0 Britain				
18-19						J.Haydock 12/Apr/08 70.0 Britain								I.Reel 26/Jun/05 83.5 USA						
OPEN				26.8	42.5	J.Haydock 12/Apr/08 70.0 Britain	S.Andrews 12/Apr/08 72.5 Britain	J.Eccleshall 12/Apr/08 80.0 Britain	L.Turnbull 18/Jul/10 92.5 Britain	M.Brear 12/Apr/08 90.0 Britain	R.Smith 26/Jun/05 90.3 USA	S.Madden 24/Apr/11 94.0 Britain	B.Edwards 15/Feb/09 91.6 USA	A.Durniat 13/Feb/10 113.4 USA	C.Ullom 13/Feb/10 96.2 USA	S.Schmidt 17/Oct/10 95.0 USA	S.Schmidt 11/Oct/09 105.0 USA	D.Olsalvsky 26/Jun/05 81.2 USA	F.Ciavattone 10/Sep/05 104.8 USA
40+									R.Davis 18/Jul/10 75.0 Britain	N.Swain 18/Jul/10 77.5 Britain			S.Madden 12/Apr/08 71.0 Britain	P.Crisp 30/Jun/11 81.2 Britain		J.Payne 13/Feb/10 82.6 USA	C.Hughes 14/Apr/07 65.0 Britain		
45+						A.Goddard 14/Apr/07 62.5 Britain	S.Andrews 12/Apr/08 72.5 Britain		M.Shaw 14/Apr/07 75.0 Britain		R.Smith 6/Jun/04 79.4 USA	S.Madden 24/Apr/11 94.0 Britain		S.Mansell 12/Apr/08 72.5 Britain			C.Hughes 12/Apr/08 60.0 Britain	D.Olsalvsky 26/Jun/05 81.2 USA	
50+							E.Shorttle 11/Jul/09 62.5 Britain	E.Shorttle 24/Apr/11 42.0 Britain			R.Smith 26/Jun/05 90.3 USA						F.Ciavatone 8/Nov/08 80.0 USA		F.Ciavattone 10/Sep/05 104.8 USA
55+									J.McKean 26/Jun/05 72.1 USA		R.Smith 26/Jun/10 80.0 USA	L.Traub 13/Feb/10 84.8 USA		J.Wilmot 6/Jun/04 45.3 USA	S.Schmidt 16/Oct/11 80.0 USA	S.Schmidt 17/Oct/10 95.0 USA	S.Schmidt 11/Oct/09 105.0 USA		F.Ciavattone 26/Jun/10 90.0 USA
60+								D.Friesz 26/Jun/05 47.2 USA			D.Habecker 26/Jun/05 56.3 USA					J.Malloy 26/Jun/05 83.5 USA	B.Geib 6/Jun/04 74.8 USA		
65+								J.McKean 16/Oct/11 63.2 USA	D.Friesz 6/Jun/04 45.3 USA	D.Habecker 26/Jun/10 60.0 USA							J.Malloy 12/Oct/08 82.5 USA		
70+								D.Mitchell 6/Jun/04 50.0 USA			A.Komorny 26/Jun/05 63.1 USA			R.Bletscher 13/Feb/10 50.8 USA	J.Malloy 16/Oct/11 58.6 USA				
75+										A.Montini 26/Jun/05 40.4 USA									
80+										A.Montini 26/Jun/10 41.3 USA									
85+																			

IAWA World Records

RH Vertical 2" Bar Lift (women) - F19

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under			H.Mansell 12/Apr/08 27.5 Britain		M.Myers 15/Feb/09 39.9 USA														
14-15																			
16-17																			
18-19																			
OPEN			27.5				P.Maciolek 6/Jun/04 34.0 USA		K.Gardner 14/Apr/07 45.0 Britain	T.Guglielmo 06-Jun-04 31.8 USA									
40+							P.Maciolek 6/Jun/04 34.0 USA			T.Guglielmo 06-Jun-04 31.8 USA									
45+									K.Gardner 14/Apr/07 45.0 Britain										
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under			M.Parrish 16/Nov/93 53.0 Britain																
14-15			M.Parrish 5/Feb/94 68.0 Britain	C.Wood 30/Jun/99 75.0 Britain		R.Hughes 17/Apr/10 100.0 Britain			40.0#								T.Stone 25/Oct/04 80.0 Britain		
16-17				C.Wood 31/Aug/99 102.7 Britain				D.Elmer 17/Nov/93 128.0 Britain	72.1#										
18-19							W.Vasey 30/Jun/99 68.0 Britain												
OPEN			68.0#	C.Wood 31/Aug/99 102.7 Britain		100.0	100.0#	A.Stokes 13/Dec/93 168.0 Britain	105.0#	D.Horne 5/Feb/94 203.0 Britain	B.Wright 4/Jan/94 183.0 Britain	D.Horne 13/Dec/93 203.0 Britain	102.2#	128.2#	127.0#	80.3#	101.6#	87.1#	103.4#
40+							S.Showell 11/Nov/95 100.0 Britain	S.Sherwood 5/Feb/94 133.0 Britain	M.Shaw 23/Jan/02 105.0 Britain	A.Pyor 21/Aug/11 108.7 Britain	G.Monck 26/Jul/97 113.0 Britain	A.Tomlin 17/Apr/10 90.0 Britain	S.Madden 11/Jul/09 102.2 Britain	S.Kendall 22/Nov/99 128.2 Britain					
45+								R.Brooks 5/Feb/94 63.5 Britain	83.9#	N.Swain 24/Apr/11 94.0 Britain			S.Schmidt 11/Dec/04 81.7 USA						
50+							E.Shortle 11/Jul/09 69.7 Britain	E.Shorttle 21/Aug/11 73.7 Britain			F.Allen 28/Feb/95 111.0 Britain		90.7#		J.Garcia 11/Dec/04 127.0 USA		101.6#		103.4#
55+								K.Edge 30/Jan/95 77.0 Britain	J.McKean 17/Oct/04 59.4 USA			L.Blockston 6/Jun/04 45.3# USA					S.Schmidt 6/Dec/09 92.5 USA		
60+									N.Brumby 1/Mar/03 90.0 Britain		67.5#						63.1#		G.Dick 17/Apr/10 80.0 Britain
65+										M.Archer 21/May/99 81.2 Britain									
70+							B.Smith 30/Jan/95 73.2 Britain	G.Davidson 30/Sep/07 62.0 Britain			59.0#		B.Anderson 26/Aug/07 52.2 Britain		B.Clark 11/Dec/04 115.7 USA				
75+										A.Montini 22/Oct/06 28.1 USA									
80+											31.8#								
85+																			
90+										53.3#									

IAWA World Records

LH Vertical 1" Bar Lift (women) - F2

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under						E.Talbot 4/Oct/94 68.0 Britain	E.Talbot 31/Jan/95 68.5 Britain				E.Talbot 30/Jun/99 142.0 Britain								
14-15										M.Hughes 14/Apr/07 55.0# Britain									
16-17																			
18-19																			
OPEN						68.0#	N.Doughty 21/Aug/11 80.0 Britain	A McInally 17/Apr/10 67.5 Britain	K.Gardner 6/Sep/03 62.5 Britain	55.0#	E.Talbot 30/Jun/99 142.0 Britain								
40+									K.Gardner 6/Sep/03 62.5 Britain										
45+																			
50+								A McInally 17/Apr/10 67.5 Britain											
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

IAWA World Records

RH Vertical 1" Bar Lift (men) - F2

18/01/2012

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	J.Horne 9/Jan/95 43.0 Britain		M.Parrish 16/Nov/93 53.0 Britain	J.Horne 26/Jul/97 73.0 Britain			D.Evans 28/Feb/95 53.5 Britain	J.Horne 31/Aug/99 115.0 Britain											
14-15			M.Parrish 5/Feb/94 68.0 Britain	M.Jackson 30/Jun/99 68.0 Britain	T.Ford 28/Feb/95 45.0 Britain	R.Hughes 15/Dec/10 111.0 Britain	S.Cook 26/Jul/97 145.5 Britain										T.Stone 23/Oct/04 75.0 Britain		
16-17	C.Howard 28/Feb/95 52.5 Britain					D.Beecroft 30/Jun/99 72.9 Britain	D.Elmer 13/Dec/93 163.0 Britain	D.Elmer 17/Jan/94 170.5 Britain	G.Owen 30/Dec/07 103.4 Britain		C.Warnica 26/Jul/97 100.5 Britain		J.Blockston 6/Jun/04 56.7# USA		S.Paggett 14/Apr/07 75.0# Britain				
18-19						M.Wells 30/Jun/99 68.0 Britain		D.Elmer 28/Feb/95 172.2 Britain	D.Elmer 3/Jun/95 138.0 Britain	A.Barnes 4/Nov/02 115.0 Britain		S.Anglo 30/Dec/07 103.4 Britain		I.Reel 26/Jun/05 83.5# USA					
OPEN	52.5		68.0	D.Berry 26/Jul/97 160.5 Britain	54.4	72.9	D.Elmer 13/Dec/93 163.0 Britain	D.Elmer 28/Feb/95 172.2 Britain	D.Warrilow 26/Jul/97 188.0 Britain	M.Street 5/Feb/94 200.5 Britain	D.Horne 26/Jul/97 228.0 Britain	D.Horne 5/Jan/94 204.3 Britain	108.0	S.Angell 5/Feb/94 143.0 Britain	J.Carter 11/Dec/04 138.4 USA	R.Howe 5/Feb/94 180.5 Britain	105#	81.2#	115.7
40+							A.Goddard 1/Mar/03 82.5 Britain	S.Andrews 1/Mar/03 95.0 Britain	M.Shaw 23/Jan/02 110.0 Britain	C.Jackson 5/Feb/94 163.0 Britain	T.Allsop 30/Dec/03 131.5 Britain	T.Rowbotham 30/Dec/03 68.4 Britain	A.Tomlin 15/Dec/10 128.0 Britain	S.Kendall 22/Nov/99 128.2 Britain	D.McFadzean 15/Dec/10 123.0 Britain		65.0#		
45+					B.Grey 28/Feb/95 54.4 Britain	62.5#	C.Bass 28/Feb/95 72.6 Britain	J.Luther 30/Dec/03 81.0 Britain	T.Garnett 29/Apr/98 95.6 Britain	M.Dziobon 30/Jun/99 90.7 Britain	79.4#	J.Robinson 1/Mar/03 100.0 Britain	S.Schmidt 11/Dec/04 81.7 USA		J.Carter 11/Dec/04 138.4 USA			81.2#	S.Gardner 1/Mar/03 85.0 Britain
50+				B.Grey 30/Jun/99 63.5 Britain			C.Bass 30/Jun/99 73.3 Britain	E.Shorttle 21/Aug/11 78.7 Britain	T.Scott 31/Aug/99 130.0 Britain	T.Evans 8/Mar/95 104.0 Britain	F.Allen 5/Feb/94 93.0 Britain				J.Garcia 11/Dec/04 124.7 USA		S.Schmidt 14/Oct/07 74.8 USA		104.8#
55+							W.Wright 31/Aug/99 100.3 Britain	K.Edge 28/Feb/95 82.8 Britain	72.1#	N.Brumby 28/Feb/95 95.2 Britain	F.Allen 1/Mar/03 95.0 Britain	P.Horne 5/Jan/94 123.0 Britain	B.Anderson 28/Feb/95 83.0 Britain	B.Anderson 5/Feb/94 105.5 Britain		95.0#	G.Dick 30/Dec/07 103.2 Britain		T.Ryan 11/Dec/04 115.7 USA
60+							P.LeNoel 30/Dec/03 43.5 Britain	47.2#	T.Kelly 28/Feb/95 86.3 Britain	M.Archer 6/Feb/95 88.6 Britain	F.Allen 30/Dec/03 115.0 Britain		B.Anderson 10/Dec/95 95.4 Britain			83.5#	74.8#		G.Dick 23/Mar/09 88.0 Britain
65+							T.Kelly 30/Jun/99 75.4 Britain	T.Kelly 30/Dec/03 58.5 Britain	W.Wright 30/Dec/07 83.2 Britain	N.Brumby 30/Dec/07 79.4 Britain	C.Nevis 30/Dec/03 68.0 Britain			J.Curtin 30/Aug/11 47.0 Britain					
70+							B.Smith 28/Feb/94 74.8 Britain	G.Davidson 30/Sep/07 67.0 Britain		P.Lee 30/Dec/03 58.5 Britain	63.1#	B.Anderson 19/Nov/06 67.0 Britain	B.Anderson 26/Aug/07 72.2 Britain		B.Clark 11/Dec/04 115.7 USA				
75+							B.Smith 30/Jun/99 56.7 Britain		P.Ready 30/Jun/99 70.3 Britain	P.Lee 30/Dec/07 60.0 Britain									
80+										P.Ready 30/Dec/03 67.6 Britain									
85+																			

IAWA World Records

RH Vertical Bar Lift (women) - F2

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under			27.5#			E.Talbot 20/Sep/94 53.0 Britain		E.Talbot 13/Feb/96 75.5 Britain	M.Hughes 25/Oct/04 60.0 Britain										
14-15																			
16-17																			
18-19																			
OPEN			27.5#			A.McInally 31/Aug/99 100.3 Britain	N.Doughty 21/Aug/11 80.0 Britain	J.Fulford 28/Feb/95 81.6 Britain	K.Gardner 1/Sep/01 65.0 Britain	31.8#	N.Hughes 15/Dec/10 70.5 Britain								
40+						A.McInally 31/Aug/99 100.3 Britain	34.0#		K.Gardner 1/Sep/01 65.0 Britain	31.8#									
45+								J.Fulford 28/Feb/95 81.6 Britain	45.0#										
50+							A.McInally 30/Dec/07 78.2 Britain	J.Fulford 30/Jun/99 76.0 Britain											
55+																			
60+											J.Habecker 4/Nov/02 50.0 USA								
65+																			
70+																			
75+																			
80+																			
85+																			

IAWA World Records | LH Weaver Stick Lift to Front - F9 | 18/01/2012

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	J.Horne 29/Aug/93 0.6 Britain																			
14-15																				
16-17																				
18-19																				
OPEN									1.5			J.Moore 31/Mar/93 3.6 Britain	D.Horne 18/Nov/93 3.7 Britain	2.0						
40+																				
45+																				
50+																				
55+																				
60+																				
65+																				
70+									G.Davidson 7/Jan/07 1.5 Britain					B.Anderson 7/Jan/07 2.0 Britain						
75+																				
80+																				
85+																				

IAWA World Records | LH Weaver Stick Lift to Rear - F9 | 18/01/2012

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under																			
14-15																			
16-17											S.Bates 2/Dec/93 4.3 Britain								
18-19																			
OPEN								2.0		D.Horne 5/Feb/94 6.5 Britain	D.Horne 3/Feb/96 7.1 Britain	D.Horne 16/Dec/93 6.8 Britain	3.0						
40+																			
45+																			
50+											F.Allen 3/Feb/96 4.3 Britain								
55+																			
60+																			
65+																			
70+								G.Davidson 7/Jan/07 2.0 Britain					B.Anderson 7/Jan/07 3.0 Britain						
75+																			
80+																			
85+																			

	25kg	30kg	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under	O.Horne 13/Jan/94 0.3 Britain		J.Horne 29/Aug/93 0.6 Britain												K.Calcote 11/Nov/06 0.6 USA						
14-15																					
16-17																					
18-19												D.Elmer 3/Jun/95 2.6 Britain									
OPEN											C.Moore 31/Mar/93 3.6 Britain	D.Elmer 3/Jun/95 2.6 Britain	M.Street 18/Nov/93 2.6 Britain	C.Jackson 3/Jun/95 2.0 Britain	L.Traub 13/Feb/10 1.8 USA	B.Edwards 15/Feb/09 2.3 USA	A.Durniat 13/Feb/10 2.7 USA	C.Ullom 13/Feb/10 1.8 USA	L.Myers 13/Feb/10 2.7 USA		
40+														C.Jackson 3/Jun/95 2.0 Britain					J.Payne 13/Feb/10 1.4 USA		
45+																					
50+																	J.Garcia 11/Nov/06 1.9 USA		J.Garcia 11/Dec/05 1.7 USA		
55+															L.Traub 13/Feb/10 1.8 USA				D.Glasgow 13/Feb/10 2.3 USA		
60+																					
65+																			L.Myers 13/Feb/10 2.7 USA		
70+											G.Davidson 7/Jan/07 2.0 Britain					B.Anderson 7/Jan/07 2.0 Britain	R.Bletscher 13/Feb/10 0.9 USA				
75+																					
80+																					

IAWA World Records | RH Weaver Stick Lift to Front (women) - F9 | 18/01/2012

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under						E.Talbot 3/Feb/96 2.2 Britain													
14-15									M.Fitz 11/Dec/05 0.6 USA										
16-17																			
18-19																			
OPEN						2.2			0.6										1.7
40+																			
45+																			M.McConnoughey 11/Dec/05 1.7 USA
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			

	25kg	30kg	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	O.Horne 13/Jan/94 0.3 Britain					M.Parrish 16/Nov/93 1.30 Britain			E.Talbot(W) 3/Feb/96 2.2 Britain													
14-15						M.Parrish 5/Feb/94 2.0 Britain																	
16-17										D.Elmer 13/Jan/94 4.0 Britain												
18-19											D.Elmer 3/Feb/96 4.3 Britain	D.Elmer 3/Jun/95 3.6 Britain										
OPEN						2.0			2.2	D.Elmer 13/Jan/94 4.0 Britain	C.Moore 5/Feb/94 5.6 Britain	M.Street 9/Dec/93 4.3 Britain	C.Jackson 3/Feb/96 5.7 Britain	C.Jackson 3/Jun/95 5.1 Britain	J.Moore 28/Feb/94 5.1 Britain	P.Horne 3/Feb/96 5.1 Britain	S.Angell 5/Feb/94 5.1 Britain	1.5	R.Howe 5/Feb/94 6.1 Britain		S.Gardner 5/Feb/94 5.1 Britain	1.5
40+											S.Sherwood 5/Feb/94 4.1 Britain		C.Jackson 3/Feb/96 5.7 Britain	C.Jackson 3/Jun/95 5.1 Britain								
45+																						B.Rogers 4/Nov/00 1.5 USA
50+														F.Allen 5/Feb/94 4.3 Britain								
55+															P.Horne 5/Feb/94 4.6 Britain	P.Horne 3/Feb/96 5.1 Britain	B.Anderson 5/Feb/94 3.6 Britain					
60+																						
65+																			B.Clark 4/Nov/00 1.5 USA			
70+											G.Davidson 7/Jan/07 2.0 Britain					B.Anderson 7/Jan/07 3.3 Britain						
75+																						
80+																						
85+																						

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
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