	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	J.Horne 9/Jan/95 35.0 Britain	D.Morrison 4/Jul/98 40.0 Britain			J.Horne 4/Jul/98 100.0 Britain														
14-15																			
16-17							D.Elmer 17/Mar/94 120.0 Britain				R.McKean 15/Oct/95 88.5 USA								
18-19								D.Elmer 4/Feb/95 135.0 Britain	D.Elmer 3/Jun/95 143.0 Britain										
OPEN	35.0	40.0			D.Berry 4/Jul/98 110.0 Britain		D.Elmer 17/Mar/94 120.0 Britain	D.Elmer 4/Feb/95 135.0 Britain	D.Warrilow 4/Jul/98 185.0 Britain	C.Jackson 4/Feb/95 180.0 Britain	D.Horne 4/Feb/95 242.5 Britain	D.Horne 4/Jul/98 300.0 Britain	N.Lenton 10/Mar/94 100.0 Britain	R.Howe 4/Feb/95 160.0 Britain	97.5	L.Myers 15/Feb/09 81.7 USA	A.Myers 15/Feb/09 99.8 USA	97.5	B.Krenzin 15/Feb/09 68.0 USA
40+									S.Sherwood 4/Feb/95 120.0 Britain	C.Jackson 4/Feb/95 180.0 Britain	C.Jackson 3/Jun/95 173.0 Britain				A.Myers 10/Feb/08 97.5 USA		A.Myers 15/Feb/09 99.8 USA	D.Bainhart 10/Feb/08 97.5 USA	
45+								J.McKean 15/Oct/95 65.8 USA									F.Ciavattone 9/Mar/02 71.0 USA		
50+									J.McKean 24/Nov/02 52.1 USA	F.Allen 11/Nov/95 110.0 Britain	F.Allen 4/Feb/95 110.0 Britain								
55+							G.Davidson 23/Apr/95 80.0 Britain						P.Horne 4/Feb/95 100.0 Britain						
60+																L.Myers 15/Feb/09 81.7 USA			
65+																			
70+																			
75+																			
80+																			
85+																			

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under																			
14-15												E.Talbot 4/Jul/98 135.0 Britain							
16-17																			
18-19																			
OPEN									L.Durnell 14/Oct/01 36.2 USA			E.Talbot 4/Jul/98 135.0 Britain							
40+									L.Durnell 14/Oct/01 36.2 USA										
45+																			
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

IAWA World Records | LH Wrist Curl (men) | 24/12/2011

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg	
13&Under																				13&Under
14-15																				14-15
16-17																				16-17
18-19									D.Elmer 3/Jun/95 60.0 Britain											18-19
OPEN									D.Elmer 3/Jun/95 60.0 Britain		D.Horne 6/Feb/95 102.5 Britain									OPEN
40+											C.Jackson 3/Jun/95 70.0 Britain									40+
45+																				45+
50+																				50+
55+																				55+
60+																				60+
65+																				65+
70+																				70+
75+																				75+
80+																				80+
85+																				85+

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under																			
14-15																			
16-17																			
18-19									D.Elmer 3/Jun/95 60.0 Britain										
OPEN									D.Elmer 3/Jun/95 60.0 Britain		D.Horne 6/Feb/95 102.5 Britain								
40+											C.Jackson 3/Jun/95 75.0 Britain								
45+																			
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

IAWA World Records | Zeigler Clean - B13 | 24/12/2011

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under																			
14-15																			
16-17																			
18-19																			
OPEN							A.Goddard 22/Dec/07 40.0 Britain	N.Molloy 14/Nov/10 55.5 Britain	J.Ecleshall 22/Dec/07 52.5 Britain	N.Swain 4/Sep/11 40.5 Britain		A.Barnes 22/Dec/07 55.0 Britain	D.McFadzean 1/Oct/11 62.5 Britain	J.Mills 22/Dec/07 70.0 Britain				JonGardner 10/Nov/07 75.0 Britain	JonGardner 23/Oct/04 55.0 Britain
40+													D.McFadzean 1/Oct/11 62.5 Britain						
45+							A.Goddard 22/Dec/07 40.0 Britain			N.Swain 4/Sep/11 40.5 Britain				J.Garcia 31/Oct/98 20.4 USA					S.Gardner 23/Oct/04 55.0 Britain
50+							E.Shorttle 14/Nov/10 35.5 Britain												
55+								E.Shorttle 4/Sep/11 40.5 Britain											
60+												B.Anderson 5/Jul/99 50.0 Britain							
65+																B.Clark 31/Oct/98 20.4 USA			
70+																			
75+																			
80+																			
85+																			

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under																			
14-15																			
16-17									M.Hughes 22/Dec/07 32.5 Britain										
18-19																			
OPEN								K.Gardner 22/Dec/07 27.5 Britain	M.Hughes 22/Dec/07 32.5 Britain										
40+																			
45+								K.Gardner 22/Dec/07 27.5 Britain											
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

	25kg	30kg	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	R.Montini 17/Aug/91 40.0 USA	R.Montini 31/May/92 50.0 USA	A.Geib 12/Aug/95 55.5 USA	J.Schmidt 19/Jan/91 49.9 USA	C.Wood 14/Jun/97 90.0 Britain	Jon Gardner 14/Jun/97 63.5 Britain	Josh.Monk 1/Jun/02 74.8 USA	JR.McKean 15/Dec/90 65.0 USA	JR.McKean 31/May/92 77.5 USA	S.McKean 12/Aug/95 78.0 USA	JefCiavattor 18/Jul/93 100.0 USA	S.Beck 30/Apr/05 90.7 USA	JR.McKean 23/May/93 95.0 USA		K.Patrick 30/Apr/06 102.0 USA							
14-15				C.Howard 30/Oct/94 50.0 Britain		C.Wood 28/Nov/97 102.5 Britain	Jms Gardn 4/Oct/98 90.0 Britain	D.Broadfoot 30/Aug/93 90.0 Britain	R.Hughes 26/Feb/11 120.0 Britain	SJ.Vernacch 23/May/93 110.0 USA	C.Demille 8/Jun/03 106.6 USA	J.Loewer 2/Jul/00 123.0 USA	JefCiavattor 12/Apr/95 137.5 USA	R.McKean 18/Jul/93 102.5 USA	J.Blockston 30/May/04 113.9 USA		J.Becklun 30/Apr/06 130.5 USA			K.Hess 6/Dec/09 97.5 USA		K.Hess 27/Jun/10 160.0 USA
16-17							C.Wood 22/Oct/99 122.5 Britain	R.Clauson 15/Apr/06 137.0 USA	R.Clausen 28/Oct/06 155.0 USA	GF.LaRossa 4/Apr/92 135.0 Britain	J.Jaeschke 30/May/04 150.0 USA	P.Robson 28/Feb/05 155.0 Britain	JonGardner 20/Dec/99 160.0 Britain	JefCiavattor 22/Jun/96 172.5 USA	J.Blockston 30/Apr/05 134.0 USA	J.Kelsey 27/Apr/02 137.5 USA	J.Patrick 30/Apr/06 161.0 USA	F.Ciavattone 27/Jun/10 50.0 USA				K.Kincaid 8/Jun/03 127.0 USA
18-19								P.Crooks 13/Sep/92 130.0 Britain	A.Duggan 20/May/01 112.5 Australia	K.Achenbac 30/Apr/06 158.8 USA	D.Elmer 2/Apr/95 160.0 Britain	B.Bourne 17/Aug/91 190.0 Britain	C.Ross 2/Jun/03 160.0 Britain	A.Barnes 19/May/02 135.0 Britain	S.Laban 19/Jul/02 130.0 Britain	R.McGee 24/Apr/10 193.0 Britain		Jon Gardner 19/May/02 160.0 Britain	D.Stahnke 27/Apr/02 183.0 USA	A.Bowen 30/May/04 120.0 Australia		C.Clark 10/Jul/88 136.1 USA
OPEN	40.0	50.0	55.5	50.0	90.0	102.5	D.Berry 30/Jun/97 140.0 Britain	J.Gazda 12/Aug/93 160.0 USA	J.Monk 17/Aug/91 162.5 USA	B.Hirsh 30/Jan/93 185.0 USA	B.Hirsh 12/Aug/95 220.0 USA	B.Hirsh 15/Oct/95 228.6 USA	S.Farey 3/Aug/08 200.0 Australia	P.Anderson 10/Jul/88 226.8 USA	S.Angell 23/Aug/93 230.0 Britain	S.Angell 22/Jun/96 235.0 Britain	S.Angell 15/Nov/97 255.0 Britain	B.Spayd 30/Apr/06 215.5 USA	A.Myers 20/Nov/11 205.0 USA	B.Moore 31/May/92 240.0 USA	M.Haydock 4/Oct/09 230.0 Britain	F.Ciavattone 13/Sep/92 205.0 USA
40+								J.McKean 30/Jun/89 157.5 USA	RJ.Holden 3/Jun/95 142.9 USA	C.Waterman 22/Jun/96 170.0 USA	B.Hirsh 12/Aug/95 220.0 USA	B.Hirsh 15/Oct/95 228.6 USA	N.Swain 24/Apr/10 161.5 Britain	M.Wood 14/Jul/97 175.0 Britain	T.Thauer 10-Jun-02 180.0 Germany	P.Crisp 24/Apr/10 175.5 Britain	J.Carter 31/Jan/98 183.7 USA	G.Saxton 30/May/04 180.0 Britain	A.Myers 4/Oct/09 190.0 USA	A.Myers 27/Jun/10 195.0 USA	F.Ciavattone 4/Oct/95 182.5 USA	S.Gardner 31/Oct/96 180.0 Britain
45+								J.McKean 14/Jul/91 137.5 USA	J.McKean 11/Apr/92 142.5 USA	C.Waterman 8/Jun/03 152.0 USA	J.Guerin 13/Sep/92 165.0 Britain	B.Hirsh 8/Jun/03 170.1 USA	R.Meldon 30/Jun/09 190.5 Britain	F.Allen 23/Nov/91 190.0 Britain	S.Maden 24/Apr/10 160.5 Britain	P.Anderson 3/Aug/08 215.0 Australia	P.Phillips 18/May/03 180.0 Australia	P.Phillips 19/May/02 211.0 Australia	A.Myers 20/Nov/11 205.0 USA	F.Ciavattone 30/May/04 200.0 USA	F.Ciavattone 2/Jul/00 200.0 USA	S.Gardner 30/May/04 150.0 Britain
50+							B.Grey 30/Oct/99 81.6 Britain		B.Pensyl 2/Jul/00 125.5 USA	K.Edge 13/Sep/92 132.5 Britain	J.Guerin 22/Aug/93 150.0 Britain	K.Murdie 13/Sep/92 142.5 Britain	D.Friesz 5/Jun/94 155.0 USA	F.Allen 9/Oct/94 195.0 Britain	J.Vernacch 14/Jul/91 170.0 USA	E.Scock 30/Apr/05 201.8 USA	P.Phillips 30/May/04 180.0 Australia	P.Phillips 3/Aug/08 191.0 Australia	B.Geib 22/Jun/96 190.0 USA	S.Schmidt 30/Apr/06 137.5 USA		J.McCoy 5/Feb/94 138.3 USA
55+									B.Pensyl 2/Nov/03 132.5 USA	C Bass 24/May/02 120.0 Britain	B.Kappel 19/May/02 140.0 Australia	M.Archer 28/Aug/88 150.0 Britain	F.Allen 14/Jun/97 180.0 Britain	J.Vernacchi 13/Sep/92 160.0 USA	J.Vernacch 18/Jul/93 155.0 USA	R.Lukosius 20/Nov/11 140.0 Australia	N.Bodamer 30/May/04 158.8 USA	P.Phillips 20/Nov/11 170.0 Australia	B.Geib 2/Jul/00 130.0 USA	B.Fellows 20/Jan/90 170.1 USA	G.Dick 30/May/04 130.0 Britain	F.Ciavattone 27/Jun/10 115.0 USA
60+										W.Wright 21/May/02 100.0 Britain	A.Montini 31/May/92 147.5 USA	S.Sherwood 20/Nov/11 150.0 Britain	M.Archer 30/Oct/94 155.0 Britain	C.Nevis 30/Jun/01 140.0 Britain	J.Caron 30/Apr/05 140.0 PRC	B.Anderson 14/Jun/97 140.0 Britain	B.Clark 6/Nov/94 140.6 USA	B.Clark 23/May/93 140.0 USA	J.Malloy 30/Apr/06 165.0 USA	B.Geib 29/Oct/05 124.7 USA		G.Dick 26/Jun/10 125.0 Britain
65+									B.Savage 2/Jun/03 70.0 NZ	T.Kelly 30/Oct/99 100.0 Britain	D.Mitchell 30/May/04 100.0 USA	A.Montini 22/Jun/96 145.5 USA	A.Montini 12/Aug/95 137.5 USA	F.Allen 20/Nov/11 112.5 Britain	B.Anderson 19-May-02 115.5 Britain	H.Prechtel 18/Jul/93 137.5 USA	H.Prechtel 14/Jul/91 150.0 USA	H.Prechtel 15/Jul/90 130.0 USA	FH.Tatum 19/May/02 120.0 Australia	J.Malloy 3/Aug/08 140.0 USA		
70+									B.Smith 30/Oct/94 105.5 Britain	B.Smith 6/Jul/92 85.0 Britain	G.Davidson 8/Jul/07 112.5 Britain	A.Montini 12/Oct/97 120.0 USA	A.Montini 2/Jul/00 125.0 USA	R.Monahan 9/Oct/94 100.0 USA	R.Monahan 4/Feb/95 102.0 USA	H.Prechtel 4/Oct/98 120.0 USA	H.Prechtel 12/Aug/95 115.0 USA	B.Clark 2/Jun/03 115.7 USA				
75+									B.Smith 30/Oct/99 85.5 Britain	B.Smith 30/Jun/97 100.5 Britain	D.Mitchell 3/Aug/08 91.0 USA	B.Cox 30/May/04 102.5 USA	A.Montini 8/Jun/03 113.4 USA	H.Prechtel 1/Jun/02 100.0 USA	F.Lamp 30/Apr/05 55.0 Australia	B.Chapman 19/May/02 90.0 Australia			B.Clark 3/Aug/08 80.0 USA			
80+										B.Smith 30/Jun/01 75.5 Britain	B.Cox 30/Apr/06 80.0 USA	A.Montini 4/Oct/09 77.5 USA	P.Ready 24/May/02 90.7 Britain	A.Montini 20/Nov/11 80.0 USA	H.Prechtel 30/Apr/05 90.0 USA	B.Chapman 3/Aug/08 75.0 Australia						
85+																						

	20kg	25kg	30kg	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	E.Monk 12/Oct/03 18.1 USA	E.Monk 30/Apr/05 28.8 USA	E.Monk 30/Apr/06 34.5 USA	H.Ciavattone 18/Jul/93 40.0 USA		E.Gordon 1/Feb/97 46.7 USA	H.Ciavattone 22/Jun/96 50.0 USA					M.Hughes 30/Apr/05 75.0 Britain	K.Griffis 30/Apr/06 61.4 USA										
14-15										S.Jaeschke 2/Jun/03 78.0 USA	S.Jaeschke 30/May/04 100.0 USA	M.Fritz 30/Apr/05 46.4 USA											
16-17							P.Thompso 17/Nov/90 70.0 Britain	L.Gosling 19/May/02 70.0 Britain		N.Armstron 30/Apr/06 60.0 NZ	A.Paul 30/May/04 93.0 USA	M.Ffitz 30/Apr/06 52.3 USA											
18-19							L.Hall 2/Jun/03 43.5 USA		A.Burks 31/Jan/98 68.0 USA	A.McBride 30/Jan/99 74.8 USA					M.Phillips 20/May/01 90.0 Australia		XL Liang 2/Jun/03 130.0 PRC								
OPEN	18.1	28.8	34.5	40.0		46.7	N.Phumchae 17/Aug/91 77.5 USA	B.Barron 3/Jul/91 91.0 Britain	A.McInally 22/Oct/99 110.0 Britain	J.Caron 13/Sep/92 105.0 USA	T.Emmerso 4/Oct/98 115.0 Britain	A.Ollennuki 3/Feb/01 142.9 USA	A.Ollennuki 1/Feb/97 142.9 USA	R.Hughes 26/Jun/10 92.5 Britain	J.Todd 8/Nov/03 102.0 USA	M.Phillips 12/May/02 95.0 Australia	XL Liang 2/Jun/03 130.0 PRC		MJ.McVay 18/Jul/93 100.0 USA			M	McConnou 30/Apr/05 70.5 USA
40+							S.Hughes 15/Jul/90 60.0 USA	S.Hughes 17/Aug/91 72.5 USA	A.McInally 22/Oct/99 110.0 Britain	J.Taylor 30/Apr/05 82.5 Australia	L.Connell 20/Nov/11 82.5 Australia	A.Ollennuki 1/Feb/03 102.1 USA	A.Ollennuki 13/Nov/04 102.1 USA		A.Rollo 30/May/04 90.0 Australia		M.Laban 30/May/04 80.0 Britain					M	McConnou 30/May/04 70.3 USA
45+							N.Phumchae 17/Aug/91 77.5 USA	N.Phumchae 23/May/93 72.5 USA	A.McInally 2/Jun/03 105.5 Britain	A.McInally 28/Feb/06 100.0 Britain	J.Fulford 30/Oct/94 70.3 Britain	K.Gardner 30/Apr/06 95.0 Britain										M	McConnou 30/Apr/05 70.5 USA
50+								N.Phumchae 22/Jun/96 85.5 USA	J.Giglia 20/Nov/11 80.0 Australia	J.Phillips 30/May/04 72.5 Australia	A.McInally 26/Jun/10 87.5 Britain	S.Lewis 30/Jun/97 75.0 Britain											
55+								N.Phumchaona 4/Oct/98 77.5 USA			A.McInally 25/Jun/11 90.0 Britain												
60+							C.Anderson 25/May/02 35.0 USA	Phumchae 30/Apr/05 80.0 USA	M.LaRosa 30/May/04 45.4 USA	K.Howley 30/Apr/06 39.0 USA													
65+							J.Gedney 15/Apr/06 67.5 USA	C.Anderson 30/May/04 45.0 USA															
70+																							
75+																							
80+																							
85+																							

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under		C.Wood 21/Sep/96 50.0 Britain	W.Vasey 30/Apr/94 43.1 Britain																
14-15																			
16-17					R.Clauson 15/Apr/06 50.0 USA		T.Cross 21/Mar/98 80.0 Britain												
18-19																			
OPEN		50.0	43.1		D.Berry 30/Apr/98 110.0 Britain	N.Wilkinson 30/Apr/94 85.0 Britain	J.Monk 23/Oct/05 110.7 USA	B.Hirsh 13/Oct/96 139.7 USA	R.Davis 24/Apr/10 126.5 Britain	N.Abery 10/Mar/01 120.5 Britain	J.Moore 24/Mar/93 131.0 Britain	N.Carpenter 31/Dec/00 125.0 Britain	S.Schmidt 6/Dec/87 117.9 USA	102.0		80.0	C.Dunlop 21/Sep/96 120.0 Britain		
40+						S.Showell 21/Sep/96 70.0 Britain	S.Sherwood 8/Feb/92 100.0 Britain	B.Hirsh 13/Oct/96 139.7 USA	R.Davis 24/Apr/10 126.5 Britain	S.Hills 6/Oct/01 115.0 Britain		T.Thauer 3/Sep/01 130.0 Germany							
45+						S.Showell 21/Mar/98 72.5 Britain													
50+											F.Allen 12/Nov/94 125.0 Britain					B.Geib 25/Mar/95 80.0 USA			
55+										K.Murdie 21/Sep/96 80.0 Britain		D.Wynn 15/Apr/06 70.0 USA	J.Vernacchio 21/Sep/96 102.5 USA						
60+									K.Murdie 6/Oct/01 80.0 Britain	M.Archer 30/Apr/94 105.0 Britain				B.Clark 6/Nov/94 102.0 USA					
65+								D.Mitchell 6/Oct/01 65.0 USA	A.Montini 16/Oct/94 95.0 USA										
70+							B.Smith 6/Jun/93 65.0 Britain	D.Mitchell 23/Nov/03 56.7 USA	A.Montini 12/Oct/97 72.6 USA	A.Montini 15/Oct/00 78.0 USA			H.Prechtel 16/Nov/96 100.0 USA						
75+										A.Montini 23/Oct/05 70.3 USA									
80+									A.Montini 11/Oct/09 49.9 USA	A.Montini 17/Oct/10 44.5 USA									
85+																			

IAWA World Records

LH Zercher (women) - E2

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under																			
14-15																			
16-17								M.Hughes 21/Feb/09 70.0 Britain	M.Doncaster 31/Dec/01 13.6 Britain										
18-19																			
OPEN				J.Gedney 15/Apr/06 40.0 USA		C.Lewis 30/Apr/98 65.0 Britain		M.Hughes 21/Feb/09 70.0 Britain	K.Gardner 21/Sep/98 50.0 Britain	V.Monk 14/Oct/07 34.0 USA		N.Hughes 7/Nov/09 60.0 Britain							
40+																			
45+																			
50+																			
55+																			
60+																			
65+				J.Gedney 15/Apr/06 40.0 USA															
70+																			
75+																			
80+																			
85+																			

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under		JmsGardner 21/Sep/96 30.0 Britain	JmsGardner 21/Mar/98 50.0 Britain	J.Horne 21/Mar/98 55.0 Britain			S.McKean 16/Oct/94 50.0 USA												
14-15						D.Broadfoot 30/Apr/94 75.0 Britain	O.Sherwood 21/Sep/96 65.0 Britain	J.Loewer 15/Oct/00 92.1 USA	JonGardner 21/Mar/98 75.0 Britain	S.Bates 8/Feb/92 100.0 Britain									
16-17					M.Jackson 31/Dec/00 72.6 Britain	M.Jackson 10/Mar/01 70.0 Britain	T.Cross 30/Apr/98 80.0 Britain	JmsGardner 10/Mar/01 105.0 Britain	JmsGardner 6/Oct/01 110.5 Britain	M.Watson 30/Apr/98 110.0 Britain	JefCiavattone 21/Sep/96 100.0 USA								
18-19					P.Crooks 8/Feb/92 85.0 Britain		D.Beecroft 31/Dec/00 95.0 Britain		P.Worrall 8/Feb/92 92.5 Britain	JonGardner 10/Mar/01 95.0 Britain		S.Appleton 21/Sep/96 105.0 Britain	JonGardner 6/Oct/01 115.0 Britain						
OPEN		30.0	50.0	55.0	P.Crooks 8/Feb/92 85.0 Britain	N.Wilkinson 24/Mar/93 101.0 Britain	A.Stokes 24/Mar/93 120.0 Britain	R.Davis 10/Mar/01 132.5 Britain	R.Davis 24/Apr/10 136.5 Britain	R.Meldon 10/Mar/01 135.0 Britain	F.Allen 2/Apr/94 140.0 Britain	N.McKinless 21/Mar/98 155.0 Britain	S.Angell 21/Sep/96 150.0 Britain	S.Angell 2/Apr/94 140.0 Britain	S.Angell 6/Oct/01 145.0 Britain	G.Saxton 8/Feb/92 140.0 Britain	110.0	90.0	110.0
40+						A.Goddard 6/Oct/01 90.0 Britain	S.Andrews 6/Oct/01 105.0 Britain	S.Andrews 31/Dec/00 122.5 Britain	R.Davis 24/Apr/10 136.5 Britain	D.Smith 30/Apr/94 110.0 Britain	M.Wood 30/Apr/98 120.0 Britain	M.Wood 21/Sep/96 125.0 Britain	A.Tomlin 21/Feb/09 130.0 Britain				K.Fulton 6/Oct/01 110.0 USA	F.Ciavattone 21/Sep/96 90.0 USA	S.Gardner 21/Mar/98 110.0 Britain
45+					B.Grey 30/Apr/94 55.3 Britain		S.Andrews 21/Feb/09 105.0 Britain	R.Brooks 30/Apr/94 59.0 Britain	T.Garnett 30/Apr/98 57.5 Britain		F.Allen 8/Feb/92 135.0 Britain	G.Dick 30/Apr/94 85.0 Britain	G.Dick 21/Sep/96 100.0 Britain		P.Phillips 6/Oct/01 130.0 Australia				
50+							S.Andrews 7/Nov/09 100.0 Britain	W.Wright 30/Apr/94 95.0 Britain	J.Guerin 30/Apr/94 100.0 Britain	J.Evans 30/Apr/98 90.0 Britain	F.Allen 2/Apr/94 140.0 Britain				J.Malloy 16/Oct/94 125.0 USA				
55+							W.Wright 6/Oct/01 87.5 Britain	K.Edge 30/Apr/94 91.2 Britain	T.Davies 6/Oct/01 60.0 Australia	F.Allen 21/Mar/98 120.0 Britain	D.Habecker 6/Oct/01 65.0 USA	D.Wynn 15/Apr/06 95.0 USA	B.Anderson 6/Mar/94 90.0 Britain		B.Clark 6/Dec/87 117.9 USA				
60+							W.Wright 18-Nov-05 85.0 Britain	K.Edge 30/Apr/98 75.0 Britain	M.Archer 21/Sep/96 100.0 Britain	N.Brumby 31/Dec/00 74.8 Britain		B.Anderson 28/Jul/96 95.0 Britain	B.Anderson 21/Sep/96 90.0 Britain					G.Dick 21/Feb/09 90.0 Britain	
65+								T.Kelly 31/Dec/00 85.0 Britain	A.Montini 16/Oct/94 97.5 USA	M.Archer 31/Dec/00 100.0 Britain	P.Lee 30/Apr/98 90.0 Britain			B.Clark 6/Nov/94 102.0 USA					
70+							B.Smith 30/Apr/94 77.5 Britain	D.Mitchell 23/Nov/03 56.7 USA	A.Montini 12/Oct/97 72.6 USA	A.Montini 6/Oct/01 80.0 USA			H.Prechtel 21/Sep/96 95.0 USA		B.Clark 13/Oct/02 70.3 USA				
75+						B.Smith 31/Dec/00 75.5 Britain	B.Smith 30/Apr/98 80.0 Britain		P.Ready 30/Apr/98 63.5 Britain	A.Montini 23/Oct/05 70.3 USA									
80+									A.Montini 11/Oct/09 49.9 USA	A.Montini 17/Oct/10 44.5 USA									
85+																			

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under																			
14-15											E.Talbot 21/Mar/98 67.5 Britain								
16-17					L.Gosling 6/Oct/01 45.0 Britain				M.Doncaster 10/Mar/01 25.0 Britain										
18-19																			
OPEN				J.Gedney 15/Apr/06 35.0 USA	N.Phumchaona 21/Sep/96 57.5 USA	A.McInally 6/Oct/01 70.0 Britain	W.Samways 8/Feb/92 75.0 Britain	K.Gardner 21/Sep/96 50.0 Britain	T.Emmerson 21/Mar/98 70.0 Britain	K.Gardner 21/Mar/98 65.0 Britain	E.Talbot 21/Mar/98 67.5 Britain		S.Jones 21/Sep/96 45.0 Britain						
40+						A.McInally 30/Apr/98 65.0 Britain			K.Gardner 6/Oct/01 65.0 Britain										
45+						A.McInally 6/Oct/01 70.0 Britain	A.McInally 18/Nov/05 65.0 Britain	J.Fulford 30/Apr/94 34.0 Britain	K.Gardner 29/Oct/05 43.1 Britain										
50+					N.Phumchaona 21/Sep/96 57.5 USA			J.Fulford 30/Apr/98 36.3 Britain											
55+																			
60+																			
65+				J.Gedney 15/Apr/06 35.0 USA															
70+																			
75+																			
80+																			
85+																			